

# SEVEN DAYS



PICK THE  
DAISIES!

By Anna  
McGee  
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## the parenting issue

FOREIGN RELATIONS

PAGE 26

Special-needs adoptions overseas



DOUBLE TROUBLE?

PAGE 30

One dad's take on raising twins

TABLE TOTS

PAGE 44

A debate on dining with children

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## WEEK IN REVIEW



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**113** Lauren Oliver would be the *U2* of teen angst: at *Anger*, *Consent* and *Chaos*, her third novel would roll off the press.



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## TOP FIVE

NOTES ON CONTRIBUTORS

1. **Gas Up, Stand Up: Fueling Wars in Motor Vehicle Pollution Act(s)** by **Analytix Strategic**. Why do the auto industry & lawmakers want to make a vehicle sitting illegal?
2. **The Firearm Case Under Second Amendment** by **Lawrence S. Geller**. Supporters say that right-to-keep guns approved Phoenix House will be equivalent to an Northern Lights. Is it?
3. **We, Birds and Bats? by Ken Proulx**. Do lawmakers view about 6,000 birds, bat, and/or wing, group want them drafted out?
4. **Fair Game: Switch and Deal by Greg Vetter**. Republic can Score Senator and former Auditor Randy? Will federal senate approved, for Tim Sullivan
5. **Free Will: Ideology by Rick Greening**. Our weekly editorial board



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[illegible]

Augustine 34, 1914



## TRACK IS FOR TRAINS

At the risk of antagonizing Vermont's recovering middle class, the letter extolling the Lamoille Valley Rail Trail ("Soaking on Tracks," *Postback*, May 16) prompts me to note that Vermont should be extremely cautious about rolling back rail's original intent of providing freight or commuting aid, possibly, people. While it's clear that what was essential to one generation changes for another, we should consider that we may ignore future to rail.

Whether or not one accepts the concept and implications of "Peak Oil," legacy transportation assets have the potential to again serve all Vermonters — it's more economical and less energy-intensive cost — for economic purposes for more essential than recreation. (I'm not talking about bicycle riders, some of my best friends ride bicycles.)

The presumption that we will never again need efficient rail transportation is technological (and energy cost) gone kooky short-sighted. If we lose legacy assets to nonessential functions in the name of recreation and tourism, it's easy to foresee political firestorms when restoring these assets to their original — and higher — purposes when circumstances change.

Right now in central Vermont, for example, there are objections about increased activity on Washington County's newly mothballed railroad (WCRB), shortly to ship granite for southern brookwater construction — shipping activity that, one can reasonably presume, should result in Vermont jobs.

WCRB already exists. How much more difficult will it be to establish shipping as light rail (perhaps even powered by Vermont's green and produced hydro) when rights of way have been relinquished in the name of tourism or recreation?

Clearly, the recreational community has worked hard to convert this right of way, but the prospect of a renewed rail use should have a superceding — if not primary — place in future conversation.

Robert T. Hauser  
MONTPELIER

## "LOSERS" LAMENT

It was hard for a young male such as myself to sympathize with the *Yankee* article on the winners and losers ("Far Game," May 16) with such a short attention of — the lower classes of Vermont. One class in particular is oftentimes overlooked: prescription drug addicts.

For the first time in history, the people here's newest addiction has been perpetuated by professionally accredited doctors who overprescribe dangerously addictive medications. The current national epidemic of drugs has showed this state that crime rates increase, children are adversely affected and state budgets are battered by the need for preventative and consequent measures of the far epidemic. While users and abusers get arrested and reprimanded for false convictions, the doctors who are misreading and overprescribing narcotics get a free ticket to continue their bad ways. So, when we mention losers and winners at any point in the legislative process, we must not forget the ones who society has given up on, not to mention the ones who may have given up on themselves.

Kyle Hoyt  
BURLINGTON

## CORRECTION:

One of our May 20 "Being Rich" suggestions that Burlington College would be exempt from paying property taxes on its new campus — the Vermont Catholic Diocese property on North Avenue — as a result of its nonprofit educational status. In fact, Vermont statute requires that colleges pay property taxes on the assessed value of any property acquired after April 1991. The city can't capture the added value of any improvements to the property, however, as long as they further the college's educational mission. Three contiguous properties make up the diocese land, which is currently assessed at \$10,880,000 and will generate an annual property tax bill of \$554,191. The property does not currently generate tax revenue because religious institutions are statutorily exempt. The diocese land will likely be reassessed next year, according to Burlington City Assessor John Vickary.

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1



FRIDAY 11

### A Man Apart

Since his debut album, Vermont-based folk artist **Kate Green** has been compared to the likes of Ani DiFran and The Decemberists. Hear where he stands with the release of his sophomore work, *Run of the Mill*, at a CD release party at Higher Ground this week. **Lance Thompson & Crown Plot** and **Lumina** open.

SEE ALBUM REVIEW ON PAGE 10  
MUSIC LISTING ON PAGE 10

2



SATURDAY 12

### Sky Rockets in Flight

There...two...one...it's off! Members of the Champlain Valley Model Rocket Club give Vermont residents a raring send-off at a public launch and *Send Us Up on the Sky!* The Vermont Astronaut Society keeps the rocket-riding going with guided sleeping into the evening. Up, up and away.

SEE CALENDAR SPOTLIGHT ON PAGE 10

SUNDAY 13

### Get Fuzzy

Fuzzy critters give you well, the worm-furries make a point to join the 10th annual *Walk for the Animals* this Sunday. As a benefit for the Humane Society of Chittenden County, it includes a pouch-friendly game made in Burlington Park, two jumps by *Outfit Outfit* and *The Moral Key*'s barbecue lunch and face painting.

SEE CALENDAR  
LISTING ON PAGE 10

3



COURTESY: ANIMALS

SATURDAY 12

# We Are the Champions

7

Serious cyclists and casual wheelers alike can go the distance at the 10th annual **Camp Ride**. That's because it offers participants the most exciting ride length from 12 to 100 miles. Break a sweat along the shores of Lake Champlain while enjoying a weekend of H&W and AGS at a benefit for Neenah CARES.

SEE CALENDAR LISTINGS ON PAGE 32



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WEDNESDAY 9

## Talk of the Town

Big behind the scenes of broadcast ing in this week's **'nTune' Live Radio Show Taping**. According to its website the show focuses on creating "a variety of opportunities and opportunities for sustainable work." This episode includes a full lineup of musicians — Brian Eno, Alison Mosseri (Interpol) and Anaïs Mitchell — as well as a chat with **SlowMooney** musician/ founder Wesley Trench. Take a seat, no dial tuning required.

SEE CALENDAR SPOTLIGHT AND CALENDAR LISTINGS ON PAGE 32

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SUNDAY 13

## Wild Thing

What makes Junk grow? Flocks of birds, which come to roost in **Wildflowers of the Heart**, a guided tour of Mount Independence State Historic Site. Walk with Ann Hansen leads folks through meadows and woodlands, which offer rich views of Lake Champlain. And as part of **Vermont Days** state parks and historic sites are free this weekend. Make the most of Mother Nature.

SEE CALENDAR LISTINGS ON PAGE 32

4

ONSONG

## Into the Depths

The lives and values of the 13 women **Gallop Queens** "Made by Man" can be seen at Johnson's Jewish Scott Memorial Gallery (www.jewishscottmemorialgallery.com) from Tuesday through Sunday. From fleeing robber prisons to coming to this state, the women go through a series of hardships and trials. See the exhibit on Tuesday. Sign in.

SEE ART REVIEW ON PAGE 30

### everything else...

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FAIR GAME | Open women on Vermont politics BY SHAY TOTTEN



## Stand By Your Man?

OPINION

**A**s endorsements from the state's two largest women as advantages in the free vote Democratic primary for governor?

That's the question in the minds of many politicians after Democrat **BOB RACINE** got leading this week from the Vermont chapter of the National Education Association and the AFL CIO. They have a combined total of 21,590 local members.

"This is starting anew for me and a good recognition from them that I've been working on issues they care about. In Vermont, unions are not focused on just labor issues, but working people's issues," Racine told "Our Voice."

"Labor has always been a central issue that include worker's compensation, minimum wage and health care," he added.

The endorsements also supply three things necessary to win a contested primary: money, get out-the-vote efforts and a strong volunteer base.

Racine said while the labor Trade Council this month when the Vermont State Employees Association meets to decide who it will endorse, if anyone. The VERA at the state's third largest union with more than 7500 current and former state employees.

A VERA vote for Racine would almost certainly confirm his first runner status in the primary. If another Democrat gets the nod, it would keep the full field of candidates in play.

The better scenario is possible. Word is, Senate President Pro Tem **PETER NEWMAN** (D Windsor) is a contender for the VERA's backing.

The International Brotherhood of Electrical Workers — a member of the AFL CIO — will meet later this month to decide if it will endorse a candidate.

Meanwhile, all the other gubernatorial wannabes are downplaying Racine's big endorsements. Sen. **DAVID BARTLEY** (D Lamoille) said if Moody she never expected to get union support. Secretary of State **HOWARD MANSUETI** contends that, while Racine has the support of union leader, rank-and-file teachers support her. Dianne claimed the VT NRA for considering him second best.

What if Racine loses the primary?

Both unions were quick to say they'd support whomever they win, even though they hope it's Racine.

"We have had eight years of Republicans in charge and they have not been friendly to labor," said **NEWMAN**, Vermont AFL CIO's political director. "We want to see that change."

### Association by Guilt

You can't pick up the Burlington Free Press without reading about one Queens City scandal or another — dog park fiasco, after-school program debacle, Burlington Telecom.

## THERE SEEMS TO BE SOME REAL SELECTIVE REPORTING FROM THE FREE PRESS WHEN IT COMES TO BURLINGTON.

MAYOR FOR KISS

But should the actions — or inactions — of one administration cause the state's largest daily to give short shrift to everything else going on in the city?

**Kiplinger's Personal Finance** recently listed the Queens City as one of the 10 best U.S. cities for the start-up, leading collaboration between government, colleges and private businesses and support for green and hi-tech businesses, renewable energy and local food.

City and business leaders hosted the meeting at a press event on Monday Channel 13, WRAX, WPTZ and Seven Days were there, but the city's paper of record didn't show.

Dude.

"It's a little disappointing," said Mayor **KEVIN KEL**. "There seems to be some real selective reporting from the Free Press when it comes to Burlington."

Neither outgoing Publisher **BOB ANDERSON** nor Executive Editor **MARK THOMPSON** responded to a request for comment in the *Kiss* file.

What else has the Free Press missed?

Burlington was named one of 10 cities from around the world chosen to participate in the **WORLDWIDE** "Coke

War Room," which could have poured capital in the Queens City for renewable energy development.

Forbes rated Burlington among the prettiest cities in the United States. But looks aren't everything. The magazine also declared it town to be the second most likely location in the US to find a job this spring.

Really, the website The Daily Beast crowned Burlington as one of the Most Street Cities in the United States. And, no, they weren't referring to Vermont grants.

### Check and Imbalance

Denying public trust and support for Mayor Bob Kiss can largely be traced to the actions of his top aide. Chief Administrative Officer **JOHN HANSEN** told the Monday night, the Burlington City Council officially expressed its lack of confidence in Leopold. The council voted 10-4 against his resignation.

The vote is merely symbolic, though. The council doesn't have the authority to push Leopold out of a job.

Only councilors **DAVID WOODHOUSE** (D Ward 1), **BRANDY RUTHER** (D Ward 1), **MARRISA COLUMBELL** (D Ward 2) and **CHANA HARRINGTON** (D Ward 3) supported the mayor's right to lead man.

Leopold is a target because in 2007 spending \$17 million in city funds to prop up Burlington Telecom — a sum the utility can't repay. Nor can BT make quarterly payments on its \$53.5 million Citicorp loan.

Leopold did have some "good" news on the BT front this week. Moody's, the credit rating agency, reassured the city's bond rating to a stellar Aa, which means it won't cost taxpayers extra to borrow money. Still, Burlington remains on a credit watch.

Meanwhile, the state Department of Public Service expects to wrap up its financial probe of BT by the end of the month.

The DPS is no longer calling the BT probe a "financial audit," which implies enlightenment or fraud. Instead, it's an "investigation" that will look closely at the sources of BT's borrowed funds and what it spent them on.

I've procured a copy for summer beach reading.

## You Can Quote Me!

The intrepid trio who pen "Capital Beat," the political column for the *Rutland Herald* and *Times Argus*, wanted to know if I had endorsed Sen. Susan Burdett. They found a "Bar Game" snip out of Burdett's website, talking up her prowess. It's titled "What People Say About Susan."

Barry, I said it. Or, at least I wrote it, along with lots of nice things about other candidates. To be clear, though, it wasn't an endorsement.

Several other people were equally surprised to find their glowing comments — and head shots — on Burdett's website. Comments from affordable-housing advocates **LEE CARRY** and **CHAD BOWEN**, as well as **ELLEN BAKER** of the Vermont Sustainable Jobs Fund, were snaggled from Burdett's Facebook page.

Comments from Donnelly and Kehler have since been scrubbed from the website.

Rumor is: ask forgiveness, not permission. I agree.

## Swimming Against Salmon

Democrat-turned-Republican Auditor **JOHN SALMON** won't have a challenge from within the GOP. Despite the uprisings of many former auditors **RANDY BRUCE**, who is a current Republican state senator, decided not to run against Salmon in a primary. Bruce lost his post to Salmon in 2004 when the latter was a Democrat.

"Given all of the changes taking place in the Senate, I think I can become effective there," said Bruce, adding he won't rule out a future run for auditor.

On the Democratic side, a primary is shaping up between State Sen. **AL PLAMANN** (D Chittenden) and policy analyst **DAVID MOFFAT** (Plamann was auditor from 1993 to 2001).

He later worked for Plamann, when he was auditor, and has worked for other left-leaning pols, including Mayors **BENNY SANDERS** and **PETER CLAVELLE**.

Hoffer is perhaps best known as author of the Job Gap Study series published by the Peace & Justice Center, which introduced the concept of a "live wage" to Vermont policymakers.

FTL, the auditor's job pays roughly \$90,000 a year — a livable wage by any one's standard.

## Got the Blues

As "Bar Game" hit the streets last week, backing, insurance, investment and Health Care Administration Commissioner **PAULETTE THORNTON** overrode the state's largest health care insurer — Blue Cross Blue Shield of Vermont — to repay consumers early half of the \$6.3 million retirement

package it doled out to its former chief executive officer.

In 2009, "Bar Game" broke the news that BCSB gave \$6.3 million to retiring CEO **WILLIAM HUNTER**. That was on top of more than \$1 million in compensation and bonuses.

BISHGA estimates BCSB overpaid Hunter at least \$14 million during his last eight years of employment. As a result, his retirement package was inflated by \$1.5 million. Hunter retired at the end of 2008 and now lives in Florida.

BCSB has agreed to return \$3 million to subscribers in the form of lower, or lower than expected, premiums.

Don't expect Hunter to pitch in a penny, though. BCSB asked him several times to repay some of the millions and he refused.

I guess you can take it with you.

## Campaign Updates

It's official: **ANTHONY POLLINA** will run for state senate in Washington County — as a Democrat. He's also hoping to pick up support from the Progressives and the recent Working Families Party.

Pollina, a personal Progressive candidate, actually ran for U.S. Congress in 1994, as a Democrat against Republican incumbent U.S. Rep. **JOHN JOHNSON**.

"Falls in Washington County have a good idea of who I am and where I stand and were very supportive in 2008," said Pollina. "They gave me more votes than **JOHN BOWEN** in several congressional, and I finished first or second in every town but one."

The Washington County Democratic primary will be a lively one, with incumbent Democrat **ANDREW BROWN** in the race along with former State Rep. **DEBBY GIBSON** and lawyer **KEVIN CHASE**.

Also, former Rep. **SHAF PUA**, an Essex Democrat, announced this week she's running in the crowded Chittenden County Democratic primary for state senate. Pua secured 14 points in the House, where she also helped chair the House Appropriations, Judiciary and Labor and Commerce committees last year.

"But I consider myself left politics, and I think I could have a lot to offer," said Pua. ☐

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# Inside Burlington's Biggest, Top-Secret Office Space

BY KEN PICARD

**G**etting into General Dynamics is not easy. The building that houses Vermont's largest for-profit employer of 1,100 federal, state and the world's fifth largest defense contractor was designed with security in mind. Access to the four-story brick building on Burlington's Lakeside Avenue is normally restricted to employees and visitors on official business. Numerous perimeter protests over the years, aimed at the company's war machinery, have only solidified its closed-door policy.

But access to the Innovation Center of Vermont, which is the official home of the Armaments and Technical Products division of General Dynamics, got a little easier after the Charlotte, NC-based defense contractor announced in October that it was pulling up stakes in Burlington and relocating its 550 employees to the IBM campus in Williamstown. How else could a real estate broker find a potential buyer — or tenant — for a space that has been generating more than \$400,000 in property and equipment taxes for the city of Burlington every year?

Like the 70,000-square-foot Vermont Duffield House headquarters on Ward Avenue, the Innovation Center is huge, especially for Burlington. It encompasses more than 100,000 square feet of prime commercial real estate in the city's South End. Another parallel to the defense property, which is currently under contract, is the first time in decades that either the public or the press has gotten a look inside the once so-restricted site.

Tony Bradley of Portsmouth Real Estate is the agent for both properties. Last week he gave *Inside Burlington's* the Innovation Center, which is on the market for \$11 million. The current owner, General Lockheed Martin Investments, will also consider

a leasing arrangement with upgrades for new tenants, one that probably won't be the price.

"The stuff we have to do for security is mostly cosmetic — building walls, taking out walls, parking — pretty easy stuff," Bradley said.

The building's north side, which looks more like modern office space, currently hosts several smaller companies, including ITT Corp. and Progressive Technologies.

The space occupied by General Dynamics is a different story. Built in 1958, the building originally housed the Queen City Cotton Mill. Large windows and a massive heating and ventilation system make it a desirable place to work at the new 7th floor, now listed on the Vermont's Register of Historic Places.

Since General Electric moved into the space in 1965, the facility has undergone

to serve as the headquarters of the General Intelligence Agency, they couldn't find a more suitable site.

"It's like 50M is in the 1950s," noted Bradley.

A friendly but no-nonsense uniformed guard checks entrance and recording gear at the front desk. Visitors also have to provide a photo ID and sign a three-paragraph visitor registration card before being buzzed inside.

"The views from up here are incredible," Bradley said as he surveyed the 16,000-square-foot fourth floor, and its panoramic view of Lake Champlain, downtown Burlington and the all-but-new Greenway park road.

But, with its 15-foot-deep ceilings and tall windows, the GD interior feels dark and claustrophobic. The carpeted lobby

THE INNOVATION CENTER IS ON THE MARKET FOR **\$31 MILLION.**

numerous renovations. In the last decade, it was retrofitted with state-of-the-art energy systems, including geothermal cooling, that make it one of the most energy-efficient buildings in the United States, according to the U.S. Environmental Protection Agency.

The building also houses a Department of Defense approved security system with magnetic locking doors, key cards and dozens of internal and external security cameras that can pan, zoom, record audio and video and be operated remotely.

Additionally, though, the General Dynamics side of the building appears as unchanged since the Eisenhower era. If local shareholders were seeking for a location

risk of office centers, high-walled cubicles and large filing cabinets was rarely seen, despite all the employees working there.

The hallway walls were largely in silver except for posters of GD products — Gulfstream jets, missile systems, surface craft and other lethal weapons, with gang-bang slogans such as "We'll stand with for the same reason," and "Designed to fight, built to win." There were also reminders to "always declassified documents," "question no orders," and "challenge strangers." But no one and no word in.

Downstairs, Bradley introduced Chip Myers of Gillette Development Company, the building's management company. He



led us into a large, industrial-looking room with two huge black tanks that resemble brewing equipment, but are part of the geothermal cooling system.

About 100 feet below the steel pipes we were standing on, a well pumps 10 degrees water into three expansion tanks, chilling the building at three to seven degrees. In the last five years, electricity usage has been cut by 21 percent, natural gas consumption by 40 percent.

Myers led the way to a control room to demonstrate how it's done. One computer screen, he digitally "walked" as though the building, showing how the software automatically opens and closes dampers to take advantage of the outside temperature and humidity, "like rolling down the windows in your car."

Although the building has no other alternative energy systems, it does have a 250 kilowatt solar generator that helps cut substantially (if the system loans power). This feature is critical for maintaining General Dynamics' top-secret status, which means access of computer code.

Myers appeared upset about the changes. What did he think of the building's greatest selling point: The 10-acre wooded center, The Lakeside Golf? The 275 parking spaces? The Pentagon-approved security environment?

"This hasn't to be answered," I mean, look at this place. It's 100 years old. To have this here in Burlington is really a treasure, in my mind, and it should be preserved." ☐

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# U.S. Immigration Policy Leaves VT Innkeepers Out in the Cold

BY ANDY BROMAGE



Marina Longmaid and Graham Stevens in their shop, posing with their Super Mario Bros. merchandise.

**M**arina Longmaid and Graham Stevens aren't exactly the poor, huddled masses of immigration lore. But the former Londoners may nonetheless wind up looking America's broken immigration system.

The British couple came to Vermont in 2004 on an E-3 visitor visa after buying the Sugarbush Inn, a new bed-and-breakfast near the Sugarbush Resort in Warren. E-3 is a non-immigrant visa available to investors from countries that maintain bilateral investments, commerce and navigation treaties with the U.S. The criteria for getting one are somewhat vague. The two-year renewable visa requires a "substantial"

investment in a U.S. business but comes with no minimum investment or job creation requirements. The rules say that the business isn't for "temporary" value, but

includes two into a long journey. Longmaid volunteers with the Vermont Festival of the Arts, and Stevens's a DJ at community radio station WHEM 90.1 FM, where the couple got married in 2007.

New Longmaid and Stevens are reluctantly putting the Sugarbush Inn up for sale and preparing to move back to London. The couple's main income in 2011, and they believe there's less chance of getting their extended State bed-and-breakfast typically take up to two years to sell, the husband and wife are losing the business

now rather than betting on the vagaries of the immigration system.

"It's heartbreaking,"

Longmaid says. "We love this country. We love Vermont. We put our

hearts and souls into this business, and made so many good friends here in the valley." She mentioned she'd like to refer to their adopted home, the land, residence, a real Mad River Valley.

Newspapers and online forums offer plenty of stories about E-3 visa holders who sink big money into U.S. business

## IMMIGRATION

Over the years, Longmaid and Stevens have invested \$100,000 and thousands more transferring what was once a cramped,

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## Local Writers for Tweens Tackle Racism and 2012

BY MERGOT HARRISON

**H**ere at Seven Days, our reader ship is adult, which means the books we review generously are, too. But, as my grown-up who's over been lamented by the *Merry Potter* series or a dog-eared copy of *Anne of Green Gables* knows, good fiction for kids knows no age limit.

This week, as part of the Reading Issue, we review two recent books by local authors that aim for what publishers call the "middle grade" market (ages 8 to 12). But both are the kind of books parents may just find themselves reading on the fly—which means, of course, they're also great read-alouds too.

## Welcome to the Jungle

Remember how it felt to open a Tintin book and get swept into an exotic adventure? Imagine one of Hergé's classics without the graphic aspect (including

those creepy racial caricatures). Now imagine an Indian Jones movie that features carefully researched, unsensational lessons on ancient cultures alongside the action hijinks, and you're starting to get the idea of *Midworld*, a novel from Norwich authors J & P Welch.

*Midworld* here is a 16-year-old, Victorian novel. Miss Marple, whose parents are archaeologists specializing in the ancient Maya, Max is more interested in the kind of intellectual stimulation that can be attained by manipulating a joystick. But he has to change his solitary ways when a series of unfortunate events lands him in the National Central American museum of



San Xavier—and his parents, supposedly on a dig there, vanish without a trace.

Max's spoken American-oid attitude may wear on the reader as the novel's early pages. But since he finds himself lost in the rainforest with a half-broken modern Maya girl named Lila and her two misadventurous monkeys, things pick right up. Then a supernatural element enters the story, and Max and Lila have to start saving the world.

The novel's action is fast-paced enough to appeal to the target demo, while adults will like the authors' smart treatment of the culture-clash theme

—and their comic waxes. Take the book's primer on the 12 Maya lands of death, who have names such as Dement of Pao, Blood Gathers, and Soul Stripper. "Sounds like the lineup for a heavy metal festival," notes Max.

Best of all, the *Welch* novel ticks off a fantasy trilogy to which the hero does not—so far, anyway—appear to be a Potter-esque Chosen One. He's just a regular kid trying to grow up enough to do the right thing.

*Midworld* was first published in 2007 (see interview), but it's getting more attention this time around. Look for the authors on the "TODAY" show this month — Al Roker just chose the novel for his Book Club for Kids.

## Bad Old Days

Plainsburgh author **ANNEE DUNN**'s third novel for tweens and teens, *The Private*

## Author Spotlight: Maya Mavens

BY MERGOT HARRISON

**W**hen someone buys a copy of *Midworld* at the Norwich Bookstore and wants it signed, owner **PURVIS MCNEIL** will call up the authors, who live right down the street. "We offer a very personal signing service," says **JAN VOLKEL** and Pamela Crink Welch—

who go by the byline "J & P Welch"—have entertained countless Vermont middle schoolers with a live presentation tied to their novel, which culminates in a surprise visit from a "Maya king" (It's actually a teacher wearing a costume created by the couple's niece, with a towering headdress.) Now, the book they've been quietly promoting since 2007—with help from Vermont bookstores and librarians (notes Pamela)—has scored them an appearance on the "TODAY" show.

The couple's have put down firm roots in Norwich, where they've been raising their three kids—now 12, 11 and 7—for the past seven years. But their own origins, like the action of their book, are

far flung. Pamela is a UK native, while Jan is an American whose missionary parents raised him in South and Central America. They met while working at a London advertising agency and later founded their own, Crink Jones Watson Mitchell Welch Ltd.

After 15 years in London, the couple decided to settle down "halfway between our two families," says Pamela. (Jan has relatives in Arizona.) In Vermont, Jan was "supposed to be writing a book on marketing, but it was just too boring," he recalls. "I used to tell bedtime stories to the kids every night. My son had a favorite story about a monkey girl, and I thought, That would be such a great book."

*Midworld* was born from Jan's memories of "things I went through when I was a kid, dragged by my parents through the jungle," says the author, who confesses to loving beer, like protagonist Max Marple, a less than ideal adolescent traveler.

"He wrote the bones of it," Pamela recalls, "and it was like a James Bond story

or something—allegorical on our chosen characters." That changed when she started rewriting the manuscript. Now, says Pamela, their collaboration means that "we talk about the plot endlessly between the two of us, and I do most of the writing."

The couple also became Maya aficionados. "The more we researched the Mayas, the more fascinated we got with them," Jan explains. Soon they were taking their own children down to Central America, and Jan was studying up on Maya glyphs, which he calls "almost a visual language." He replicated some in the novel's black and white illustrations.

*Midworld* was first published in 2007 by South & Sons, an imprint of Manchester, NH-based theater publisher Smith and Kristin. "It was their



Author Pamela Welch

son who read the manuscript and told them they should publish it," Pamela remembers. The novel sold 10,000 copies in hardcover, says Jan, but the publisher "didn't have resources to take it further."

An agent contacted the Welch's, and their connection led to the publication



*Thoughts of Annela E. Eyr*, would make a great birthday present. It has a prepubescent publisher, a gentle cover and one of those "serious" promises that tend to appeal more to parents than to kids interested in friendship in a "fuu-uh" Update: New York town in the 1960s.

You need read only the first chapter, though, to discover that *Annela* is too high toned and more far than its creator suggests. Or perhaps only the title of that first chapter "My mother tried to kill me before I was born. Even then I disappointed her."

When we meet Annela, her life in life appears delicious. Her life in life most hardly tolerable her, but she has descended with the "twins" (twins), and her older siblings reside in a factory town, an asylum and a state prison, respectively. Then, just her life in life, the first African American boy in school, a little dreamer who over-



threw in to "police" are everybody" who gives her trouble. Annela couldn't make a better friend.

The novel offers readers of all ages a dose of World War II-style twisted humor and the satisfaction of a fairy tale. Decent, smart, bold characters soundly traverse away, curiously even. By the end, though, Annela has become a more nuanced story with shades of gray older readers will appreciate. Maybe you can please kids and themselves at the same time. ☺

**B** *Midworld: The Jagan Series*  
Book One by J.P. Verleil. Eyrton.  
USA: 498 pages, \$19.95

*The Annela: Thoughts of Annela E. Eyr*  
By J.P. Verleil. Eyrton. USA: 242 pages, \$19.95

of a revised paperback edition of *Midworld* last April by Eyrton USA. The couple just finished on East Coast tour, hitting destinations such as New Orleans, D.C. and Cape Cod, and will work on another revision in September. The couple just visit camp kids at Verleil's, Uncle Harbor Club, at an event coordinated by Eyrton's Flying Pig Publishers.

The second *Jagan* Series book is finished and should appear by the end of the year, says Pamela. The book has something of a time loop. Marketing materials for *Midworld* last said "the is to the 2012 phenomenon."

Indeed, ancient Maya culture is all over modern pop culture these days — if not for the right reasons. When the couple give their school presentation, says Joe Verleil, "one of the No. 1 questions we get" is whether the world really has a 2012 expiration date. "We found that a lot of children are really worried about it," says Pamela.

While the approaching end of a 400-year hokum — or Maya calendar cycle — does figure in the novel, the couple are adamant on the point that "the Maya had no expectations that the calendar would end in 2012," says Joe. "A lot of this is due to a mistake that archaeologists

made about 80 years ago." He notes that the Maya had "no tradition of a cataclysmic ending of the world" and believed in "the eternal nature of time, going on in perpetuity."

The Verleils seem to have succeeded in their efforts to get kids to see the Maya as inventors rather than those, says Pamela, young fans "tend to really complicated Maya questions," says Joe. "They just become absolutely possessive about the Maya."

As for the couple's own children, "we've taken them to 30 different Maya sites," says Pamela. The Verleil kids have traveled underground rivers and traded howler monkeys in the market out — as the couple related recently in an installment of ABC's Travel "You Took Your Children Where?"

"We got them to eat all sorts of interesting things," says Joe, whose own official bio asserts that he "survived monkey stew" as a child.

Are the Verleil kids better travelers than Miss Marmyp, a couch potato who can barely face himself to swallow a hamster? Their early experiences have certainly "encouraged them to be more adventurous," says Pamela.

*Midworld* could have that effect on its young readers, too. ☺

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## LOCAL matters

### U.S. Immigration and

ventures hoping to spend a decade or more here, only to be sent home when immigration officials deemed their businesses of "marginal" value. Some were employing U.S. workers and pumping money into local economies.

A well-ked British couple, Julie and Jonathan Pave, purchased the Inn Veterans in Chester five years ago. Earlier this year, the U.S. government sent them packing after deeming a visa extension because they didn't have any employees.

Longmuir and Hewison have chosen to sell and split, rather than risk working up or coming back.

"I'm 44 years old, and I'd quite like to have another home," Longmuir says. "I can't take the chance that in November 2012, I'm told, 'No renewal' and now I'm in a situation where you've got a place to sell and all your money's tied up in it."

Longmuir and Hewison knew when they applied for E-2 visas that their Vermont stay was temporary and could end at any time, they had to sign a form declaring they wouldn't seek U.S. residency that they held out hope of finding a path to green cards.

The U.S. Citizenship and Immigration Service approves more than 80 percent of E-2 extensions, says USCIS spokesman Jeff Wright. Wright can't comment directly on Longmuir and Hewison's case, but says that when reviewing E-2 requests, the USCIS considers money made and lost, future growth potential and the number of family members on an investor's supporting.

Wright says the USCIS has "bureaucracy and wiggle room" in determining whether a business is viable or "marginal," and he admits that can be "somewhat subjective." But he maintains officials look at hard numbers — business tax records, personal tax records — to evaluate an E-2 enterprise.

The warblers began to fly on their side, but Linda Hewison, a Burlington-based communications lawyer who represents Longmuir and Hewison, says the couple have good reason to worry about being denied visa extensions. The number of such extensions being approved is dropping — from 90 percent in 2008 to 81 percent today — and the U.S. embassy in London, where the underpinnings would have to apply, has become more selective over the last five years. Hewison has represented dozens of E-2 petitioners from Vermont and New England over the years and has seen an increasing number encounter trouble.

"They have a very solid concern that when they go back, London is going to say, 'Well, you don't have enough employees, you don't have enough of this, and they actually could decide to do away' it," says Hewison.

Longmuir and Hewison say the uncertainty around the E-2 program is forcing them to leave Vermont. It makes no sense, they agree, to have foreign investors here only to send them — and their money — home two or three years later.

Hewison and the owners maintain that the September 1st isn't the least bit "marginal." The couple purchased it for \$500,000 and spent another \$100,000 updating the guest rooms and converting a colonial-colored parlor into a spacious new dining room and outdoor kitchen. Longmuir purchased a \$10,000 Aggro chicken, nicknamed "Miss Bridger" after a 1970s British sitcom character she used to take mailies and sales for guests.

Though they don't have employees, Longmuir and Hewison say they hire local contractors, buy locally and are self-sufficient.

"We've been told by more than one or two people that if we were here legally, we'd probably be in a much more secure situation, because they have investments from here to there."

says Hewison, 55.

Longmuir and Hewison left high-pressure jobs in London to escape what they call "the corporate rat race." In England, Longmuir was a sports marketer, collaborating with elite athletes in the producing of golf tournaments and soccer matches. Hewison is a rock musician who worked in the tourism sector.

In Vermont, they found a slower pace that better suited them. "Here, people work hard, but they play hard, too," Hewison says. "They have a life."

The September does a brisk business during late fall foliage seasons, the owners say. In summer, guests come for hiking, paddling and golf. The recession has taken a toll on September tourism, but the pair are still making enough to support the mailies and take one vacation a year. More importantly, they say, they're not taking anyone for a handout.

The couple have explored alternative paths to residency without success. Their last hope may be a PR stint Longmuir conceived involving their chocolate Labradoodle, Beckham. The dog is going to "serve" to his Obedience, the presidential pooch, and beg for amnesty.

"Beckham's an American," Longmuir jokes. "He was born in Virginia. He doesn't want to live in London." ☐

**THE BRITISH COUPLE SAYS  
THE UNCERTAINTY AROUND  
THE E-2 INVESTOR  
VISA PROGRAM IS  
FORCING THEM TO  
LEAVE VERMONT.**

**A**n orphanage is no place for a kid to grow up. For one thing, it's a rigid, tightly regulated institution devoid of the love and compassion that children need to develop into healthy adults. There there are the stories of abuse and neglect inside orphanages—the very situations that many orphaned escape from at home. Yet, for much of modern history, an orphanage was the destination for most parentless children.

Look around today, however, and you won't see a single such place in Vermont. Throughout the United States, the number of orphanages has declined drastically since the late 1950s. What happened?

Kids become orphans for all sorts of reasons. Sometimes their parents die, and so relatives step in to raise them. In other cases, parents abandon their children at birth, go to jail, suffer from mental illness or simply can't support their offspring.

If any of these things happened to your parents in Vermont in the 19th or early part of the 20th century, you might have gone to an orphanage at the city or become a ward of your town's overseer. Diane Dexter, the adoption coordinator for the state of Vermont, describes these officials as "kind of like the dogcatcher, except they were responsible for children on the loose."

The overseer would try to find a family as close to adopt you informally if that didn't work, you'd be sent to a "poor farm," where you'd work alongside other adult men and heard "that bad children going all over Vermont with no one looking out for their right to, safety or health," Dexter says.

This bleak picture brightened somewhat after the Great Depression, when the New Deal social safety net was created. Given the widespread poverty



## WHISKEY TANGO FOXTROT

We just had to ask.

**Why did  
American  
orphanages  
disappear, and  
where do  
orphans go  
today?**

BY KIRK KARLASHIAN

in those days, officials recognized that some families simply couldn't afford to raise their kids. A social welfare system organized by the state and federal governments began to take shape.

Today's Department for Children and Families (DCF) began soon after World War II as the Department for Social Welfare. Its dominant mission was to provide economic aid to poor families. Secondary to that was its child-protection division for neglected and abused kids.

Our sense of human decency continued to evolve into the late 1960s and early '70s, when the government began to confront juvenile delinquency and sexual abuse within the home. Around this time, Social and Rehabilitative Services (SRS) was formed as a separate agency to deal with child abuse and neglect, and was later absorbed by DCF. In addition, the foster care system developed, putting Vermont's last orphanage—St. Joseph's in Burlington—out of commission in 1976.

Today, the state addresses the problem of orphans in two ways: by helping families stay together, and by matching or placed children with relatives or foster parents. DCF's economic services division helps keep impoverished families intact through the Reach Up program, which provides housing vouchers, cash grants for expenses related to child rearing, Medicaid for children, food stamps, fuel assistance, free school breakfasts and lunches, and even the use of a car for job hunting.

The family-services division of DCF handles abused and neglected children, kids who are beyond the control of those parents, juvenile delinquents, and kids with no parents at all. This is the foster care system. In placing these minors, the state follows a hierarchy of possible

guardians. Best it looks for relatives, then it searches the child's immediate community.

When those options fail, the state turns to "stranger foster families," men and women who undergo training and licensing as foster parents and make themselves available in the need areas. "When you come into our system as a foster parent," Dexter says, "we're going to talk to you about permanency planning and how kids grow best when a family is in control of their day-to-day life and activities, not when the state is in control."

Some foster parents sign up for only short-term care of teenage girls or boys, others are hoping to become full-fledged parents for a lifetime. DCF's job is to find the foster family that best suits the age, gender, race and personality of the child in need. "We call them up, and we say, 'Do you have room for a 10-year-old?'" Dexter explains. The state, with the help of the federal government, provides Medicaid to these kids and a stipend to foster parents, reimbursing the costs of clothing, food and other expenses.

Vermont has between 1000 and 1100 foster kids at any given time, and last year DCF completed the adoption of 151 children. Things get busier in economic downturns, when a lost job combined with a pregnancy can push some families to make adoption plans for the new child.

According to Dexter—herself the mother of two adopted children—the good news is that Vermont's foster-care system is better than it has ever been. "But, as much as this system is," she says, "it's no match for loving parents who care solely for you."

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## Sunsets at Shelburne Museum

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**Sunsets at Shelburne Museum**, Thursday evenings from June 17-August 12. Upcoming programs, 5:30 p.m. unless noted.

**Camera Walks**, Basics on taking amazing photos from local photographers, June 24.

**Doll Tea Party & Ice Cream Social**, Celebrating the Museum's doll collection, July 1.

**Music at the Museum**, Vermont singer/songwriter Gregory Douglas, July 8.

**Build-a-rama**, From Legos to sand castles, a hands-on building event, July 15.

**Circus Social**, Your Circus Day in America with Curator Kory Rogers, July 22.

**Quilting & Caregiving**, The Alzheimer's Art Quilt Initiative. Registration required, [rcampagna@shelburnemuseum.org](mailto:rcampagna@shelburnemuseum.org), 6:30-7:30 p.m., July 29.

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**Miss GolfMansia**, Tee off and celebrate the end of summer, Aug. 12.

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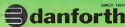
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**Our vision:** that every Vermont child lives in a safe and nurturing environment.

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# Keeping Kids on Track

A Vermont mom teaches parents to raise 'em right

BY KIRK KARDASHIAN



If *Little House on the Prairie* is to be believed, there was once a time when children were supposed to be seen and not heard; to speak only when spoken to. And Laura Ingalls did her chores without expecting any financial reward.

But drop in on a young family today, and you're likely to witness something like an operatic eye match, kids whining for a snack, crying about some grievance and evading their parents' requests. Mom and Dad, meanwhile, are wrangling their kids with bribes, punishing them with time-outs and fantasizing about their wildest dreams.

When Vicki Hoefle, 53, was pregnant with her first child about 21 years ago, she imagined these diabolical miscreants and couldn't see herself as a coolly collected Jane Cleaver type. Yet she didn't want to spend 18 years waiting at her kids' and desiring ever more complicated incentives and punishments to keep them in line.

Instead, she found a set of parenting guidelines based on a psychological framework she could believe in. Then she taught it to about 40,000 other parents. Now, Hoefle has developed a home-study program called *Parenting On Track* that's getting glowing reviews from parents and psychologists alike.

In 1988, Hoefle saw motherhood as a job she had asked for, but one for which she had no practical experience. "In no other job are you expected to show up and wing it," she says, curled up on the couch in her home in East Middlebury.

Hoefle has shiny gray hair, young-looking skin and, when she's in front of an audience, a dramatic persona. The rest of the time, she says, she's frightfully shy.

Back then, like countless parents concerned with how to handle their children's frustrating behavior, Hoefle turned to books. Most of them bashed out discipline strategies. But so she read them, she realized these approaches were all wrong. The problem was that the books treated kids like animals who needed a paternalistic firm of tough love. Hoefle thought of children as friends with different opinions and desires. "You don't read books on how to discipline your friends when they do things you don't like," she notes. "What you do with friends, she points out, is

build a relationship with them through hard work and empathy.

Hoefle wondered if anyone had applied this philosophy to raising children. She found its embodiment in the writings of Alfred Adler, a psychologist from Vienna who came of age with Sigmund Freud and Carl Jung. Adler, who founded the school of individual

psychology as you would have them do with you."

Essentially, Adler's approach is about fostering a healthy relationship between parents and kids so that kids become thinking, feeling adults. Hoefle lived the word of that, so she put the principles to work in her growing family.

A few years later, Hoefle opened a day

camp everything for them and classing about their every move.

Hoefle told the parents that these cycles were driving her crazy. "The kids are very confused," she recalls saying to them. "Then she developed a six-week parenting class and encouraged the parents to take it."

It turned out the parents were so confused as the kids. "Why are they dressing up their plates at your house, but they never do that at my house?" they asked Hoefle.

"This is how it works here," she responded. "You never do for a child what a child can do for himself."

Soon 60 more families had signed up for the class. "Something magical was happening," Hoefle recalls.

In 1997, Hoefle moved to Ludlow, Vt., hoping to get away from the parenting classes and put be a mom. But before long, other parents in town noticed that Hoefle had a special relationship with her five children — they were cooperative and helpful — and they wanted to know how she did it. In exchange for a year of secrecy and \$30 apiece, she gave them the six-week class. Promptly, Hoefle says, "They told everyone they knew."

Reflected by the extra money the classes could bring in, she started teaching again. Within two years, Hoefle founded Shared Ventures, based in Rutland and taught her nights per week at elementary schools all over Vermont. The schools found money in their budgets or won grants to bring Hoefle in, and the thousands of parents who took the course didn't pay a dime.

Two years ago, Hoefle considered retiring and moving to Arizona. To her surprise, she says, parents in Vermont were outraged — she hadn't written her program down, and there was no way to get it going without her.

The solution was *Parenting On Track*, a business Hoefle started with Jennifer Nault of Lenox, Ore. Over a weekend, Hoefle presented her class to 40 real parents in Burlington and had it professionally filmed. The result is a home-study program consisting of four DVDs, four audio CDs and a 160-page resource book, priced at \$349.

Some local parents still get the live version, sure, in the end, Hoefle



psychology believed that many personality weaknesses — such as an inferiority complex — were rooted in dysfunctional parenting marked by pampering and punishment of children. In place of these habits, Adler advised parents to approach their kids with empathy and introduce them to the kinetic, creative, social interest, which is an understanding of the interpersonal demands of any situation. The best example of this idea is the kibbutz policy rule — "Be into

care in her home in Seattle. On Mondays, the children would arrive with a giant goshing of teeth, throwing tantrums when their parents tried to say goodbye. But by the end of the week, the kids would come to Hoefle's home, hug their parents and cheerfully put away their lunch boxes. The weekend passed, and the cycle began again. Hoefle drew the conclusion that her approach at the day camp was very different from what the kids experienced at home. She wasn't





Vicki Hoefle

at the University of Vermont, listened to the free one-hour audio session available on the Parenting On Track website, she was inspired. "Crockenberg specializes in developmental psychology and how parental behavior affects children. 'What I must agree with, and what there's the most support for,' she says, 'is [Hoefle's] whole emphasis on self-discipline as being the goal.'"

The model that Hoefle advocates, which Crockenberg also recommends, is called "relationship-based parenting," in which parents and their children function as mutually respectful partners. This doesn't mean parents and kids are social equals, but that parents must balance their own wishes with

those of their children.

For example, Crockenberg describes a parent who wants her 3-year-old to pick up her toys. "You don't say, 'I want you to do it now, and it doesn't matter what you've been doing,'" (instead, she suggests, give the child a few minutes' warning, and then make the task manageable by breaking it down into steps).

Hoefle also warns against using threats on children, and Crockenberg agrees that this is one of the most common parental pitfalls. The problem with a threat is that it sparks a conflict, and the dispute is no longer about the original request but about who was coerced.

"This is one of the best-replicated findings in psychology," Crockenberg says. The better option is to instill a sense of "unconditional compliance," in which children love their own mother, not to follow through. Studies have shown that children with unconditional compliance are better able to resist temptation and are more likely to obey rules when someone's not looking over their shoulder.

In Hoefle, Crockenberg saw someone who understands child psychology and can communicate it without using academic jargon. And building bridges — between "experts" and parents, between parents and kids — is what Parenting On Track is all about. Hoefle remembers the apology she had to hear she resisted, back in the day-care years, that she could help parents. "All of a sudden," she says, "I was creating a way to bridge the gap between what I was doing with their children and what they could do." ☐



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VICKI HOEFLE, PARENTING ON TRACK

decided to stay in Vermont. She periodically teaches half-day classes in the Burlington area, does a weekly webinar on MomTV and coaches some parents on the side.

Hoefle and Jeremy Gully of Whitefield took the class when it was still free. Their daughter, Auda, was 3 at the time Hoefle learned that, by putting Auda in her pajamas at night and brushing her teeth for her, "I was sending a message that I didn't think she was capable of doing those things for herself," she says. The night after that first class, Hoefle let Auda put her own pajamas on. "She was thrilled," Hoefle recalls, "and bedtime became a lot easier."

In the four years since then, Auda has learned many new skills, Hoefle reports, adding, "I've always surprised at the solution she comes up with in different problems."

Jarvis and Andy Justice of South Burlington, parents of three boys between the ages of 4 and 11, noticed similar results in their household after going through the program two years ago. Their kids, Jarvis says, "are definitely on the rambly end of the spectrum," and although they hadn't been seeking a parenting program, the Justices agreed to have found Hoefle's. Jarvis's favorite kids' is "the nothing, say something," which she uses when her 4-year-old wants to engage her in an argument. "I don't take the bait," she says. "I bring up another topic or walk away, and it helps me avoid the dumb stuff that is embarrassing."

What do parenting professionals think of the method? When Susan Crockenberg, a professor of psychology

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# Love Connection

A growing number of Vermonters who adopt abroad choose kids with special needs

BY LAUREN OBER

**F**ive years ago, Jaci and Mark Winchester came to a roommate. The couple had two healthy children, good jobs, a nice house and financial stability but they wanted something more.

They could have bought a bigger house or a fancier car or taken longer vacations. Instead, the Colchester couple decided to expand their family—by adopting.

But it wasn't an average adoption. "We said, 'Let's extend ourselves and help a child out. Let's adopt a child who would be hard to place,'" Jaci Winchester says.

After exploring and rejecting the domestic adoption options and getting input from their two biological children, the couple chose to adopt a little girl from China who has special needs.

Lexie, now 5 years old, came to the Winchesters with a hole in her heart, for which she may need minor surgery in the future. She was diagnosed with infantile scoliosis and has required intensive physical therapy to help her with strength and balance.

The Winchesters are among a small but growing number of families choosing to adopt children with special needs from outside the United States. While there are no solid data on the number of international special-needs adoptions in this country, agencies say this is an increasingly attractive option for parents who want to adopt.

One reason, says Ann Clark, who runs Adoption Advocates in Shelburne, is that the number of "healthy" babies available for adoption in other countries has dwindled. In 2004, the peak year for international adoption, 12,814 adopted children entered the U.S. By 2009, the number had dropped to 12,353. The decline is due in part to the decrease of babies such as Vietnamese and Guatemalan to close their borders to international adoption over ethical concerns.

Another explanation for the drop is that some "sending" countries, such as China and South Korea, are seeing more healthy children adopted domestically. Clark views this as a "wonderful" sign for those nations, indicating an increased willingness and capacity to care for their own. But it also means the pool of children who have traditionally been adopted by Americans, Canadians and Western Europeans is becoming ever smaller.

In years past, domestic adoption was a viable alternative for families that, for



The Winchester family: Lexie (front left), Mark Winchester, William (back left), Jaci, Lexie and Mark.

various reasons, would or could not give birth to their own children. Now, there's hardly an option because of the wide availability of birth control, the increasing stigma of leaving a child out of wedlock, and efforts to keep children in their birth families, domestic infant adoptions in the U.S. are rare.

While there are older children in state custody waiting to be adopted, many people don't want the stress of leaving a child's birth family in our time, says Billie Joyce, a joint adoption social worker with Darcy

Family Services. But, he asserts, adoption families all have to deal with birth parent or country issues, regardless of whether they adopt in the U.S. or abroad.

American families who choose the second option can wait years to get an infant, because the demand for healthy children is greater than the supply. With children who cannot be treated in their own countries are often at the top of the waiting list, says Barbara Davis, who runs the Vermont office of the Angel's Haven

# SEVEN DAYSIES

## 2010 GUIDE TO READERS' PICKS

### Time to Pick the Daysies Again!

Hard to believe this is our sixth annual best-of-readers survey! When does the time get 'ya? And a few new categories have along with most of the olden ones. And once again, we'll be giving Daysie awards to winners inside and outside Chittenden County in these picks, since with enough votes to warrant it. We can't change the fact that Chittenden is the most populous county — and that has the most voters — but Seven Days circulates area is still spreading, and we'd like to acknowledge "bests" all over the state.

One big change since we did this last year: the size of the paper. Previously, we included blanks for your answers. This time, we're really helping you! Use this online form, which you can access at [www.sevendaysvt.com](http://www.sevendaysvt.com). This will save your picks at Seven Days from a laborious night of counting — though we did enjoy the puzzle and beer part.

If you don't have access to a computer, feel free to write your numbered answers on a separate piece of paper, clip it to the ballot and send it to **Seven Days**, P.O. Box 1184, Burlington, VT 05402. Please write legibly and be explicit — if we can't understand your answer, it won't count.

Have fun supporting your local besties, and look for the results in our special Daysies issue on August 4.

#### Rules:

- Voters should fill out **ONLY ONE** ballot, whether online or on paper. Evidence of ballot duplication (print, think we can't tell) will result in all these ballots being disqualified.
- Voters must fill out **at least 50 answers** for it to be counted.
- Play fair. Daysie candidates' Campaigning is win is OK, but no bribes or rewards for votes, please! Evidence of this will result in disqualification. (net to mention bad karma)

**ALL BALLOTS MUST BE RECEIVED BY FRIDAY, JUNE 25, 2010, at 5 P.M.**

### About You

1. Your age range: Under 16 16-25 26-34 35-44 45-54 55-64 65+
2. Your gender: Female Male Other
3. Town of residence

### Best: Food & Drink

- |                                 |                          |
|---------------------------------|--------------------------|
| 4. Place to have dinner anytime | 15. Pizzeria             |
| 5. Special-occasion restaurant  | 16. Brewpub              |
| 6. Asian restaurant             | 17. Vermont microbrewery |
| 7. Ethnic cuisine (non-Asian)   | 18. Bar                  |
| 8. Family-friendly restaurant   | 19. Apres-ski            |
| 9. Vegetarian fare              | 20. Coffee/juicehouse    |
| 10. Breakfast/brunch            | 21. Bakery               |
| 11. Lunch                       | 22. Street eats          |
| 12. Late-night snacks           | 23. Natural-foods market |
| 13. Pizza (restaurant)          | 24. Vermont food product |
| 14. Pizza (delivery)            | 25. Wine cellar          |

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# SEVEN DAYSIES

## 2010 GUIDE TO READERS' PICKS

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### Best: Arts, Entertainment & Recreation

- |                             |                                |
|-----------------------------|--------------------------------|
| 25. Live-music venue        | 38. Movie theater              |
| 27. Local-music hotspot     | 40. Museum                     |
| 28. Place to dance          | 41. Festival                   |
| 29. Instrumentalist, male   | 42. Outdoor concert series     |
| 30. Instrumentalist, female | 43. Fiction writer             |
| 31. Vocalist, male          | 44. Theater company            |
| 32. Vocalist, female        | 45. Performing-arts venue      |
| 33. New Vermont band        | 46. Recreation area            |
| 34. Up-and-coming performer | 47. Public golf course         |
| 35. Club DJ                 | 48. Snow slope                 |
| 36. Visual artist           | 49. Cross-country ski area     |
| 37. Art gallery             | 50. Weekend getaway in Vermont |
| 39. Vermont craft gallery   | 51. Place to take kids         |

### Best: Media

- |                                 |                                 |
|---------------------------------|---------------------------------|
| 52. Print/web journalist        | 57. Local radio DJ              |
| 53. Publication                 | 58. Media station               |
| 54. TV newscast                 | 59. Vermont blog (political)    |
| 55. Meteorologist               | 60. Vermont blog (nonpolitical) |
| 56. Cable/satellite TV provider | 61. Vermont Twitter feed        |

### Best: Services & Stuff

- |                                 |                               |
|---------------------------------|-------------------------------|
| 64. Women's casual clothing     | 84. Internet service provider |
| 65. Women's evening wear        | 85. Web developer             |
| 66. Men's clothing              | 86. Stationer                 |
| 67. Shoe store                  | 87. Retail shop               |
| 68. Vintage/secondhand clothing | 88. Vermont wedding venue     |
| 69. Children's clothing         | 89. Florist                   |
| 70. Eyeglasses                  | 90. Outdoor outfitter         |
| 71. Local jewelry designer      | 91. Bike shop                 |
| 72. Jewelry store               | 92. Auto dealer               |
| 73. Beauty-product purveyor     | 93. Real-estate agency        |
| 74. Pet store                   | 94. Garden center             |
| 75. Musical instrument store    | 95. Green Vermont business    |
| 76. Record store                | 96. Place to do your banking  |
| 77. Bookstore                   | 97. Place to buy a pipe       |
| 78. Housewares store            | 98. Adult toy store           |
| 79. Furniture store             | 99. Hair salon                |
| 80. Antique/secondhand store    | 100. Place to get body art    |
| 81. Lighting store              | 101. Yoga studio              |
| 82. Place to buy wedding gifts  | 102. Health club              |
| 83. Photo shop                  | 103. Vermont spa              |
| 84. Computer store              | 104. Manicure/pedicure        |
| 85. Place to rent a movie       | 105. Vermont business         |

Mail your Daysies picks to Seven Days, P.O. Box 1164, Burlington, VT 05402, or

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## Love Connection BY JOE WATSON

Outreach adoptions agency for people who choose to take on a child with special needs, which can range from autism to HIV, the wait can be considerably shorter. Clark, who has worked in international adoption for 26 years, is quick to point out that most adopted children coming from other countries have special needs of some kind, but not necessarily illness or physical impairments. They're spent living in an orphanage run more as a place for emotional trauma, she says. Many children need spe-

cialized staff jobs and policies, fetal alcohol syndrome, abuse, chronic hepatitis B and C, missing digits and extremities, and kidney problems.

Because one of their biological daughters had a heart defect, the couple figured they could reasonably care for a child with a similar ailment, and checked the run-of-the-mill book. It took just seven months for the Winchesters to get a referral. In 2006, Lianne joined their family from an orphanage in Tianjin Province in south-western China.

Though Lianne's heart problem turned out to be minor, surgery may still be in her future, and she wears a brace for her infantile scoliosis.

The Winchesters are a family that's all about kids. Mark, a fifth grade teacher, and Jacci, a software engineer, believe in "the

Winck" says she was amazed at the breadth of some of the children's needs. While Della will need several operations to fix her palate and parts of her respiratory and speech therapy, there are plenty of adopted children whose medical problems can be resolved.

The Winchesters feared that reality when they adopted a second Chinese girl with special needs. The couple wanted Lianne to have someone in the family who looked like her, they say. But this time, after their experience with Lianne's wishes, they decided they could handle more. Met, a toddler with open heart in Jiangsu Province in China's east coast, was referred to them—and, says Jacci Winck, they couldn't say no.

But before they committed to the adoption, the couple had to ask themselves



real attention and one-on-one care needed for their physical ones.

Adopting a child with special needs isn't for everyone. It takes a special kind of person or family to take on a child with full knowledge of their various problems and love them just the same. Tom's says. The lack of perspective parents who are less likely to be parents and mothers, and have a sense of humor and parenting experience, is partially if they're adopting an older child. But most adoptive parents are often already dealing with intellectual or emotional problems, the ability to juggle multiple medical issues.

When the Winchesters decided to adopt, they contacted the donor for a list of adoptees, but after a trial period with a foster child, they decided against it. The child behaved dramatically toward the couple after two children, and Jacci Winchester says the child's role in the role. Plus, she was concerned about potential contact with a foster child's biological parents.

Chris, who's had an extensive special needs adoption program, seemed to fit what the Winchesters were looking for. Early in the process, prospective parents are given a list of issues and asked to check which ones they would feel comfortable handling. The most common

## FOR THE KIDS, IT'S A RAGS-TO-RICHES STORY. YOU'RE TRULY HELPING A CHILD AND ALLOWING [HER] TO HAVE AN EQUITABLE CHANCE AT LIFE.

JACCI WINCHESTER

were the most common. "Some people have that in their heads—that two kids are enough. I don't have that," Jacci Winchester says. "I would keep going if I could."

Unlike the Winchesters, Dana Wolfelt and her husband, Ted Bishop, never intended to adopt a child with special needs. When the Bishop couple decided to adopt five years ago, they considered that option, but fear of the unknown made it too hard to try on.

What they did know was that they wanted a child from China. Both had lived and worked there years ago and had a special attachment to the country. "The child wouldn't be foreign to me," says Wolfelt, who speaks fluent Mandarin.

After waiting years for a healthy Chinese girl, Wolfelt, an administrative officer at Middlebury College, and Bishop, the headmaster of Independent North Junior High School, had a change of heart. They began to think seriously about whether special needs they might be able to handle. "Our hearts opened and our minds opened," Wolfelt says.

Like many parents who adopt children with health issues, Wolfelt felt confident about taking on a problem that was fixable, such as a cleft lip and palate. In special needs parents don't have access to surgical solutions to those conditions, but here in the U.S. they are common and can generally be improved, Wolfelt says. The family knows its limits.

In March, the couple flew to Guangzhou in southwest China to pick up their 26-month-old girl, Wending. In the U.S. consulate to get Della's paperwork,

some hard questions. Were they capable of taking care of her over the years as her disease progressed? Could they deal with knowing she might not be able to walk?

The Winchesters took what adoption expert David Reiss calls "an incredible leap of faith." Not only did they have open hearts, an uncomplex development of the special card or the variables that cover it, but she also suffered from chronic alcoholism, an impairment of her left arm is worsened during childbirth. Her progress is measured during the adoption process.

When one 4-year-old girl arrived, the Winchesters took her to the specialty Children's Hospital in Boston, where she saw various areas of specialists' treatment. Jacci Winchester acknowledges that they've made sacrifices—in time, money and opportunities—but insists the benefit to her adoptive children and her family is worth it. Regarding Met in particular, Winchester says her chance of survival as an orphan with a serious illness in China would have been low.

"We like the idea of a rags-to-riches story. It's truly helping a child and allowing [her] to have an equitable chance at life," Winchester says.

Winchester knows her children will most likely have to deal with their respective medical issues for a long time, if not all their lives. Again, Della doesn't go away through difficulties caused by the defect but she missed. She views her role as helping set up her kids for success, whatever that may be.

"As a parent, you want your children to be happy and independent," Winchester says. "You want them to fly away." ID

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# Double Vision

A father of twins weighs in on the power of two

BY ERIC ECKSTEIN

**W**hen I taught that one plus one equals two, this equation holds up pretty well—until you become a parent of twins. “It’s not double the work,” says Dave Novak, a local father of twins. “It’s exponential.”

I know what he’s talking about. About six months ago, my wife, Laura, and I became parents of twin girls, Lucy and Stella. They’re our first children, and they’re keeping us busier than when we were teens.

So I agree with Novak’s assessment of the exponential workload that twins create, but I also sense hidden advantages to raising them. For one thing, it’s difficult to “spoil” a twin. There isn’t time. Just keeping them fed is like a high-stakes game of *Where’s My Car?* And, so far, our twins are on the same developmental schedule. “The main challenge was the timing of feeding them—which is our housewife’s mind-boggling task,” says Novak. “It’s something we’ll have to learn to live with. Yet we still get to have two kids.”

Moreover, according to Novak’s logic, as our girls grow, they’ll cherish each other’s company as friends and playmates. I look forward to that. Right now, when they’re within reach of each other, they

pull hair, pick noses and try to stuff the other twin, whole, into their mouths.

But I’m probably getting ahead of myself. My daughters are infants. We set them down. They cry but don’t want to cry, so we pick them up for a way. They’re happy, and they’re good sleepers, so the “log of tears” the baby books get me all worked up about hasn’t rolled in too thickly—yet.

Conversations with parents of older twins, however, reveal that the experience grows in complexity as the pair develops—especially as Novak notes, when their little legs start carrying them in opposite directions.

For kids that have coincided with his divorce, when twins Max and Lily were about 3. On single-parent outings with them and son Dylan, older by six years, Novak sometimes literally had to chase both teens down and lead them back to the pack. Novak’s ex, Kelly Wells, remembers that period in tender terms as the time of pushing two grocery carts when she did her food shopping. Novak calls it the most challenging phase of parenting twins so far—worse than the

years during which he and Wells failed to get decent sleep.

The situation was even more dire, in some ways, for Sue Donahue. Although Novak’s single parent, when twins Jon and Mia came along, she and husband Steve already had 10-month-old Andy and 3-year-old Kaitlin at home.

Those numbers are staggering to many parents, but Donahue says, “People are always amazed, and they can’t think about how they would manage in that situation.” Donahue says, “What they don’t realize is, you just figure it out. It becomes your family, and you just work it out.” In Donahue’s case, as in ours, “working it out” started with getting a bigger car. For us, a bigger house came next. The Costco membership was a no-brainer.

Actually, the first major challenge that soon to be parents of twins face is getting their minds around the idea of twins. *Actual* and mean Lisa Hillbridge describes a “recovery” period following the news that she and husband Jeff Givens were expecting two. Their son, Elian, was 3 at the time, and other household stressors were kicking



in kind. They'd planned on having another kid — one. Suddenly, they had to accept their idealized family portrait. "Dad is actually a nice, non-aggressive" number of family members, Liffbridge says, but five is a game changer. Of course she and Genoa share their twins, Wills and Lucy, now 10. Before their birth, though, Genoa remembers feeling like he and his boys were heading "back into hell's prison."

Wills had the opposite reaction to the news of her twins. Already mother to a 6-year-old, she knew that "having two children would not feel like enough children for me," she says. So she was thrilled to find out she was carrying

her twin charges as well. "I guess 'We couldn't have done the two thing without her," Liffbridge acknowledges. "Traditions were established with her that will keep going a long time."

Whether or not a parent of twins has the resources or inclination to pay for children, additional help must come from somewhere, period. Our girls' pediatrician, Dr. John Long, observes that, by necessity, fathers are generally more involved in twin parenting than in singleton parenting. And, he points out, a high degree of parental involvement correlates with well-functioning families. Moreover, Long says, family members tend to take a shared interest in the unique interactions of twins.

## WE KNEW THEY WERE COMING. WE'D SEEN THEIR SPECTRAL IMAGES, HEARD THEIR SONIC PULSATIONS IN THE MURKY BEYOND. WE JUST WEREN'T SURE WHAT THEY'D DEMAND FROM US.

twins. "I thought, Wow, I get to have three. It's like a real gift to me."

Luana and I were initially blown away by our own news. After a few days, we accepted the idea of two babies, and then we embraced it. We also welcomed the chance to raise a bigger family than we, both on our early forties, had thought possible. The greater medical risks associated with double births must concern us, but each doctor's visit allayed our fears. Today, our ignorance of the relative ease of raising a singleton may partly explain why we find so much bliss in caring for Lucy and Shilo.

Admittedly, I'll be struggling to find time to write these words if we didn't have professional childcare help. When you consider the expense of day care doubled, a nanny suddenly seems cost effective instead of outrageous. Luana and I were lucky to find Heather Reynolds, a nanny experienced in caring for "multiples" who has a knack for getting our girls to eat, sleep and settle. That Reynolds is also a young mother and a former flight instructor adds Luana and me additional reassurance while we're at work.

Liffbridge describes her kids, 10½-year-old James and 10-year-old Lucy, as "hardcore grandmothers." These women in the family perform, once through

Sally Wills was wonder results in her job as an administrator and preschool teacher with the Visiting Nurse Association's Family Center. "When the father is involved in parenting the twins," she says, "there's a lower level of stress in the family, especially in the early years." Wills also advocates bringing out to help from outside the family, whether that's a dear help by a stranger or a friend keeping an eye on one twin while you chase down the other. "I learned how to be really grateful for those moments when people were willing to extend a small amount of help," she says. "For me, that was huge."

"Huge" also describes the interest the public shows in twins. "You get that anywhere in a hurry behind your double stroller. And the compliments, questions — or expressions of sympathy — while well intended, further delay a busy dad's quest from getting home with that overused pound of coffee."

The parents of twins, and the twins themselves, may eventually tire of being a "public science experiment" as Liffbridge puts it. Yet the private benefits of having a pair are probably worth it. For one thing, that famous twin bond grows even stronger as a friend for life. "It's an irreversible relationship, on that, teachers

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## Double Vision

in one lesson. "I think the greatest advantage of 'twinsness' is that they're usually sophisticated," Lillibridge says. "If there's a problem, you have to solve it, because this is not a friend that you can end it with."

Willis agrees: "What they're learning from each other," she says, "is so important for children, especially in the early ages how to live and be together."

But parents of twins should strive to ensure the two aren't always lumped together as a unit. "They were always so friendly to the twins, and we really tried hard not to reinforce that," Bob Diamond says of his two girls, Alagail and Claire, born when son Steven was almost 5

the house. "I've probably produced more because of having the need to find time for myself," she says. She calls the move back "self-preservation" and "a really good model for my daughters. I don't think just logging the time [with them] naturally makes that a better model," says Lillibridge. "I want to foster a lot of other relationships that make them feel safe. I don't want to be everything to them."

Groves takes a similarly holistic view of parenting. When he and Lillibridge are strict, he says, "it's not because it's good for the kids but because it's good for the family." Their approach seems to be working. It has allowed Groves to protect what he identifies as the most important bond in the equation: his connection to his wife, Beery.

## WHAT THEY'RE LEARNING FROM EACH OTHER IS SO IMPORTANT FOR CHILDREN, ESPECIALLY IN THE EARLY AGES: HOW TO LIVE AND BE TOGETHER.

KELLY WELLS

For starters, Diamond and wife Marissa Richmond don't dress their daughters in matching outfits. In preschool, they put the girls in separate classes. "We know that to be very helpful," Diamond says. He credits this strategy with helping their girls, now 5, cultivate their own identities. Maybe this way they don't get sick of each other — because, he adds, "they almost never fight."

Respecting twins' differences is one thing, but giving them individual attention remains a challenge. "It's much harder to find time [individually with them]," Navat says, "than it is to separate my [older] son from them." He, Groves and Diamond all mention deliberate parenting measures they used that partners tried to single out their children for one-on-one time.

Still, structure seems to be key to keeping twins on track — and enabling parents to survive. Groves and Lillibridge employ parenting strategies that draw on some old-school ideas: They teach the kids the meaning of "no," maintain consistent bedtime rituals and swap in small, fun "if everyone's done at the end of the day, it's a successful day," as Lillibridge wryly comments.

An important goal is meeting the children's needs without sacrificing the parents'. The birth of Lillibridge's twins inspired her to find so-called studies outside

the parents of twins "couldn't be pushed like I am an expert," he says, "but it has brought us closer together, because no one knows what we've been through but each other."

I suppose all parents, not just the parents of twins, subscribe to the uniqueness of their experience. Still, I'll venture that couples expecting twins ponder one question more deeply: *Am we going to be able to do this?*

This question kept me up at night — even before my daughters started doing so. Anticipating their arrival was like bracing for an alien invasion. We knew they were coming. We'd seen their spiritual images, heard their some paternity in the nursery beyond. We just weren't sure what they'd demand from us.

And turns out they demand much, in great variety, in patterns that scramble as soon as we've figured them out. I remind myself often — say, when I'm changing one of the several thousand diapers our girls will go through in their first year — that we needed them here. Attending to them can be tiring. But even the most frazzled parents of twins confirm what Lewis and I anticipated from the day we learned we were going to give their needs: that raising twins produces incredible rewards. Not double rewards. Reproductive. ☐

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## Health Care Reform and the Graduating Senior!

Information from **Green Mountain Care**—a family of health insurance plans offered by the State of Vermont and its partners Blue Cross Blue Shield of Vermont and MVP Health Care.

On March 23, 2010, President Obama signed into law federal health care reform known as the Patient Protection and Affordable Care Act. The law will be phased in over a number of years. At right are answers to frequently asked questions about how federal reforms will affect coverage for young adults and how it dovetails with the State of Vermont's **Green Mountain Care** health plans. Read them or follow the diagram below to make sure you are covered.

### Now that you're out of school, are you covered?



\* If you are 21 and older, the state does not consider your parents' income when determining your eligibility for these plans even if you live at home. If you are under 21, and need information about how your income is calculated, please call 1(800) 250-8427 or visit [www.GreenMountainCare.org/updates](http://www.GreenMountainCare.org/updates).

\* Depending on your income

*How do new federal reforms help young adults get health coverage?*

The federal law will require that health plans allow dependents up to age 26 to continue to be covered on their parents' memberships if they so choose. You will no longer lose coverage simply because you "age off" your parents' plan at 19 or stop being a full-time student.

*When does this part of the law take effect?*

The start date varies depending upon when your family plan renews after September 23, 2010 (the implementation date for this provision of the law). For many people, the renewal date will occur on January 1, 2011. For others it could take up to a year.

*I'm graduating right now. Is there any good news for me?*

BCBSVT and MVP will allow dependents under age 26 who are currently on their parents' plan to remain on their parents' plans, even before the law takes effect. Since some employers have decided not to take advantage of this policy, check with your health plan to learn whether you can stay on your parents' plan now.

*What if I am under age 26 and not currently on my family's plan?*

If you are under age 26 and you are not on your family's plan—and you do not have access to health insurance through a job—you may be added to your family's plan when the next renewal occurs. In the meantime you may be eligible for a **Green Mountain Care** health plan.

*What if it is too expensive to be added to my family's plan?*

In some cases, adding a young adult dependent to a parent's plan will cause a single plan to become a two-person plan, or a two-person plan to become a family plan. This most likely will mean an increase in monthly premiums. Parents are not required to add dependents to their plan. Dependents may be eligible for a **Green Mountain Care** plan.

*I don't have insurance. What's available to me?*

**Green Mountain Care** is a family of plans that include Catamount Health, Vermont Health Access Plan (VHAP), Dr. Dynasaur, Medicaid, and a number of pharmacy assistance and premium assistance programs. Catamount Health is offered in partnership with BCBSVT and MVP Health Care.

If you are age 21 and older, plan eligibility and cost are based on your income. If you are under 21 find out more about income calculations by calling or visiting **Green Mountain Care**. There may be a program for you, no matter how much you earn. Call 1(800) 250-8427 or visit [www.GreenMountainCare.org](http://www.GreenMountainCare.org).

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# Parental Guidance

On Find&GoSeek, choosing family fun is child's play

BY KEN PICARD

**D**ana Freeman is a competitive fun seeker. As a cofounder with her husband, Andy Freeman, of a Vermont family activities website called Find&GoSeek, she spends nearly every waking hour trawling down new, exciting and unusual things for parents and children to do together. That is, when she's not with her own family tooting out a newly discovered sled-dog hill, swimming hole, dance class, snow-cave — in short, any activity within an easy drive of their Williston home that gets kids off the couch and away from video games.

Find&GoSeek's origin is, in Dana's words, a "born of frustration" story. In February 2006, Andy came home from a business trip to find his wife seated at a dining room table littered with newspapers, calendars and summer camp brochures. Dana, a self-described "type A, spread-sheet-organized, color-coded-planner type of person" was trying to find summer camps for their kids. It was an exhausting, time-consuming process, especially in the dead of winter.

The Freemans, who both spent years in the computer industry before moving to Vermont from Austin, Texas, in 2000, were surprised to discover on one had ever created a website that lists and rates summer camps. Recognizing an unfilled niche — and not wanting all their research and social networking to go to waste — Dana and Andy conceived the idea of a one-stop web resource where parents could find family-friendly activities in the greater Champlain Valley.

Eighteen months later, Find&GoSeek was live. The site, which bills itself as "Vermont's insider guide to kid-friendly fun," has exploded in terms of users and content. Find&GoSeek now lists an estimated 27 primary categories and 450 subcategories of interest, for everyone from tots to teens, ranging from amusement parks to races. With more than 4500 individual listings in its database,

the site has become a must-use resource for locals and out-of-towners looking for weekend events, after-school programs, festivals, parades and other kid-centric activities.

"You'd be surprised how many things there are to do around here," says Dana. "Who knew Vermont had so much to offer? It's fairly friendly," she'll add it to the site within 48 hours. The Freemans do self-advertisements and "embossed" listings similar to those found at the top of

majority of listings are short day trips or overnighters in the 802 area code. Nearly all include a map, directions and links for more information.

Most of Find&GoSeek's listings of businesses, places or events are there for free, if Dana discovers it and thinks it's "family friendly," she'll add it to the site within 48 hours. The Freemans do self-advertisements and "embossed" listings similar to those found at the top of



Andy Freeman, Dana & Callahan/Freeman

businesses and services within a 30-mile radius of Burlington. As time went on, however, they realized that many parents, like themselves, will drive two or three hours to do something truly special with the family. So they expanded Find&GoSeek's range to encompass opportunities several hours away, such as excursions to Montreal, children's shows at New Hampshire's Lebanon Opera House and summer camps in the Adirondacks.

The Find&GoSeek database in shades a few listings even further from Vermont — like, across the Atlantic. One in the 19th Annual Father and Son Golf Tournament in Dordrecht County, Glen, Ireland, which Andy once attended with Dana's father. But the overwhelming

search engine results. However, they only include one display of per page, to keep it from getting too visually chaotic.

Since the site went live in 2004, Find&GoSeek has expanded its offerings to include other child-related services, such as preschool, special-needs programs, dentists, pediatricians, lecture consultants and birth doula. Andy admits, "I didn't even know what a doula was before we started this."

One popular feature on Find&GoSeek is "Max Maggie Pick," a regularly updated spotlight on a new business or neighborhood event. Named "after a cherry-blossom" when Maggie is actually a cherry-blossom event. Like a bird herself, Dana is constantly moving, shooting pictures and sending herself emails via



her BlackBerry. She's reminding herself to do additional research on some obscure festival or indoor aquatic center she has never heard of (all new but wants to introduce to the entire world. She won't put a number on how many hours she puts in each week. "I work a lot," she admits, with an embarrassed smile.

For his part, Andy is the tech guy for the website, making sure it's working and search engines optimized. Although he still has a job with United, a New York City based media company, as well as his own consulting firm for local clients, Andy contributes a portion of his work week to site development, advertising and promotions.

Dana and Andy, both 42, have the wholesome, outdoorsy good looks of athletic parents. Dana is tall, slim and tanned, and has a warm, approachable smile. Andy is shorter, with slightly but rugged features. On the day we meet, he's sporting a two-day beard. All four Freemans are active skiers or snowboarders in the winter and into sailing and other water sports in the summer.

It's not surprising to learn that the kids are no couch potatoes. Flynn, 11, likes rock climbing as well as competitive sports, such as baseball, football and ice hockey. Callahan, 8, is an army animal lover and less competitive than her older brother according to her mother. Though the children have different interests and talents, Dana says they're always up for trying something new.

"If you talk to our kids, they say they've been to almost everything" there is to do in Vermont, she gushes on. "We're quite often busy, but we're going to that for Find&GoSeek, and we're going to that just to go to it!"

Andy admits their kids are actually the business' most valuable asset. They not only tell-drive most of the activities, they evaluate them. "We don't have to

ask for their feedback responses," he says. "They just give it to us."

So do the site users. PuddiGoSeek has a user-generated component that adds to its hyperlocal appeal. It features approval of 1,000 ratings and reviews written by other parents, babysitters and caregivers who've tried the service themselves and feel compelled to weigh in.

A typical review includes an assessment of an activity's pros and cons. Does a restaurant offer diaper-changing tables and children's menus? Is a restaurant or cafe suitable for strollers? Is parking gratis and hassle free? Should parents park outside or hunches for a day hike?

While some reviews are sharply critical, the Princeton says they always try to be fair in their own evaluations — without offering negativity. That helps drive for both free and enhanced ratings. "I have to be honest," Dana insists. "We're not living in Shangri-la or some Polynesian town that people want to believe exists."

PuddiGoSeek also includes kid-friendly restaurants and eateries — because, Dana believes, people shouldn't have to compromise on the taste or quality of meals simply because they have children. "What bugs us the most is when families think they're pigeon-holed into having to eat at Appleby's or Puddi's — not that there's anything wrong with those places," she says. "We're here to bring our kids to L'Espresso [in Irvington] and Café St. Hubert since they were born, and we will never stop. We enjoy good food, and so do our kids."

While Dana and Andy don't review the food, they go the extra mile to help light restaurants with anxious parents seek out large booths, dedicated play spaces, pizza nozzles. Many Vermont establishments that don't have children's menus or actively promote themselves as kid-friendly eateries are still well-served to families with children, Andy points out.

It appears that thousands of parents, in Vermont and elsewhere, have grown to trust PuddiGoSeek. The site receives more than 11,000 visitors each month, with about a third coming from outside the state. Andy emphasizes that the latter aren't just tourists and travelers waiting locally here. Nearly

10,000 businesses and organizations have a PuddiGoSeek link on their website, including the Vermont secretary of state and Caldwell Banker Hickok & Boardman Realty, which directs its clients with kids there. PuddiGoSeek has also been featured on family travel websites, such as OneFamily.com, and in major newspapers.

Part of PuddiGoSeek's appeal is its consistency, says Blaine Young, assistant dean of the division of business at Champlain College. Young, an expert on e-business marketing, says the site is colorful and attractive, with good branding, user friendliness and simplicity.

"But what they really have is good content," says Young, himself the parent of a 14-year-old girl. "Because Dana has kids, she's seen in a knowledgeable person because she explains these things herself. That has real power."

Young's senior marketing class at Champlain College helped the Princeton do preliminary marketing research before launching the site.

Young says the design of PuddiGoSeek hasn't changed much since, and that's a good thing.

"In this day and age, people are busy, and they want functionality," she says. "So, if you keep the design clear and simple, [users] can come in, get what they want and move on."

Businesses with free listings on PuddiGoSeek recognize the site's power to drive customers their way. Tina Becker is owner of Cooked & Sold at Wilton, a business that prides its customers on decorated sugar cookies for children's parties. About a year and a half ago, a friend who uses PuddiGoSeek suggested Becker connect with Dana. Within a week, Cooked & Sold had four or five bookings for children's parties.

PuddiGoSeek itself, however, has yet to turn a profit. It's a labor of love the Princeton says they're willing to endure patiently, expecting the site will eventually pay off. They've already talked with prospective clients interested in launching a PuddiGoSeek site in other cities and states.

Even if the site never makes a dime, Dana likely will keep at it, knowing what a resource it is for local families — including her own. "I love my job, and I love what I do," she says. "We're with our kids doing good stuff all the time. It's a match made in heaven." ☺

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By  
John Patrick Shanley

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# Heavy Hitters

Vermont experts share  
how parents can  
stop the growing pains  
of childhood obesity

BY SARAH TURF

**G**rown Mountain kids are growing — and not in good ways. Between 1999 and 2000, the rate of childhood obesity in Vermont increased by 41 percent, according to the Rudd Center for Food Policy and Obesity at Yale University. Here, we're better off than plenty of other places — 43 other states have higher rates, reports the Childhood Obesity Action Network — but, as a nation staggering under its own weight, there's little competing Thanksgiving Ha Ha. Everyone knows kids need to move more and eat better — the question is, how do parents make that happen?

Seven Days asked some local experts on exercise or nutrition for their take. Some clear themes emerged: Start feeding kids the good stuff early, model healthy habits and don't make exercise all about one privilege. Meanwhile, our consultants suggest that, rather than just laying down the law, parents should try to make veggies and fitness fun.

**Nicole Miscoo,**  
deputy editor of *Nature and*  
*retriever*, *EatingWell* Web's Group

Eating a diverse range of nutritious foods early when your prepubertal can help to retrain your child to be open to lots of tastes, so it seems that a growing body can actually taste the food it is getting from Mom late in pregnancy. One research study showed that when mothers drink carrot juice during the third trimester of their pregnancies,



their babies were more open to drinking it when it was given to them later.

When you're introducing solid foods to your infant, offer a range of different vegetables and fruits. I made up one baby food for [my son] Julian, who's now 2, which allowed me to offer him pureed beans and pumpkin from our CSA share — stuff that wasn't available in commercially prepared jars.

But don't save a taste that's too late to help your child cultivate a taste for healthy foods — keep trying and keep making things up.

While I don't recommend keeping vegetables only in disguised forms, I do recommend making sure that your kid gets some veggies his way. Weekly shop for some local produce: work your way through veggie bins and put them into quesadillas, casseroles, even pasta.

At restaurants, the kids' meals are usually the least healthful things on the menu. Share part of your meal instead — restaurant meals are usually too big for most adults, anyway — some chicken from your salad, black beans or a Tostitos can be a restaurant fix for kids.

If a kid keeps refusing meals, take a look at what he or she is getting in snacks. Too much juice, snack crackers once milk can crowd out the healthful foods you're trying to feed him or her at meals.



**Linda Berlin,**  
director, UVM Center for  
Sustainable Agriculture, and  
university specialist,  
UVM Department of Nutrition  
and Food Sciences

If you look at the research and health behavior change theory, it's about modeling, kids look to their parents. If your children are not seeing you eat certain things, it matters.

Vermonters have an advantage because we have a culture here today that's flowering exposure to CSA and farmers markets and gardening. People have happy, fun attitudes about it, it's not just, "You must eat your vegetables!" And when kids are in the garden picking the green beans off the vine or at the farmers market, it builds their self-efficacy, or locus of control.

Positive reinforcement matters. Don't make food a battleground. Our emphasis on sending kids to eat healthfully has, in some cases, backfired. We want to keep people focused on the positives, it tastes good, and it's good for the environment.

**Abbie Nelson,**  
education coordinator of Northeast  
Organic Farming Association  
of Vermont and director of  
VT FRED

If the child has some form of inattention — has been introduced to it, helped prepare

it, etc., and there has been an interaction with the farmer — the food harvest.

And the video could be "I know that food. I've experienced it before in a different way so I created" or "I know that food because it's from the farm I visited."

Parents can bring that excitement with food. They can go to the vegetable department of a grocery store and ask the produce manager, "When did you get that? Where did it come from?" Involve the child in the cutting up and the making of the food. Cutting up the green pepper, slicing it, putting it on a tray with other vegetables. If they already can cut ribs and other, put one more vegetable on the tray with the carrots and celery.

Develop a culture in the house. "We are a family that loves new foods."

### Carrie Jaques,

after-school program coordinator,  
King Street Youth Center

Turning off the TV is one of the best things parents can do. When kids are forced to use their imaginations, amazing things can happen. Parents [who may not have access to a safe place for kids to play outside] can encourage their children to do sentence activities, put on plays, dress, cook, build forts, build with blocks, read a book or play a game.

Then, if children need to get out energy, send to be outside and don't have a lot of room, they can do things like sit-ups, push-ups and jumping jacks. These are high-energy, small-space activities.

### Janet Franz,

Chair, Vermont Governor's  
Commission on Physical Fitness  
and Sports

The most important thing a parent can do is to role model healthy behavior [kids should learn] that exercise is a part of life, just like brushing your teeth. It's what you do. Being active should be a lifestyle, and if parents model that lifestyle, then their children will be active.

I give my 9-year-old daughter for his activities. We've said no about TV, lacrosse and soccer. But, as he wants to do dance club and French club. And that's OK. He's going to do a family karate class in Shaftesbury with my husband.

With the Governor's Council on Physical Fitness and Sports, next winter we're going to have a winter outdoor state-wide — short-term to encourage Vermont kids to move more, eat more colors and turn off the video screen.

### Lindsay Simpson,

physical education consultant,  
Vermont Department of Education

Technology can be a very engaging way to encourage youth physical activity. Parents can work with their children to

set individual and family goals for physical activity. Pedometers, accelerometers or heart rate monitors can be used to track progress. By recording steps or time spent in an active activity program can be recorded in journals and then achievements can

be celebrated.

Incidentally, I strongly discourage use of either physical activity or food as punishment or reward. Both are necessary for healthy growth and development. Instead, parents should seek alternative outdoor events such as stickers or an active toy. Engaging children in the selection of such rewards can be very empowering.

### Nancy Heydinger,

executive director, Girls on the  
Run Vermont

Parents should be careful about pushing children beyond their limits. be careful of burnout and injury from overtraining.

Keep competition healthy and not too intense. Kids who are in competitive teams in college are more the exception than the rule. Let your children be the lead when it comes to playing competitive sports. Self-esteem should not be based on winning or achievement.

Make the activity a fun and social experience. don't focus on it as an exercise in the beginning. Once they have been moving, they may feel the benefits of the activity that they are getting. This usually helps the kids to be more engaged and want to be more active.

The Girls on the Run curriculum focuses on playing games and participating in activities that involve movement. The focus is on lessons introduced in games. The lessons include swimming goals and values, how to recognize and change negative behaviors into positive actions, stress building, respect, fun, building, standing up for oneself, and the girl's role and responsibilities to her community. I think one of the key reasons that GOtR is so successful in Vermont and throughout the country is its adjustment is not a competitive program, the girls mutually lead and support each other.

Girls are encouraged to set their own goals, they are told that they are perfect the way they are — special and unique individuals. ☺



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# Mommy Not-So-Dearest

A Burlington writer explores how women can avoid passing on the legacy of a mean mom

BY MEGAN JAMES

When author Peg Streep discussed her book with her daughters, she went against everyone's advice—that other friends, relatives and therapists—*and not all comfort, ease and fun!* with her mother. The relationship was just too toxic.

"It didn't occur to me until years later that even once *did* my mother initiate a reconciliation, and I now understand why," she writes in her new book, *Mean Mothers: Overcoming the Legacy of Hurt*. "She was relieved by my absence. From her point of view, I was the son who reflected her greatest fear and failure: her own unloving nature as my mother (keeping that secret was, I believe, more important to her than I was)."

Streep, now 61 and living in Burlington, is both the daughter of a "mean mother" and the devoted mother of an adult daughter. Her journey from one role to the other was the inspiration for her book, her exploration of mother-daughter relationships in which the mothers are incapable of loving her child.

In a recent interview when I tell her I'm enjoying her book, Streep is surprised.

"You're the first person who's used the word 'enjoy,'" she says. Since the book was published last fall, Streep explains, people who struggle with unloving mothers have been tracking her down to tell her how grateful they are that she tackled the taboo subject, but the word that comes up most frequently is pain. "This woman in [the book] is so incredibly painful!" Streep says.

So, maybe enjoyment is too readily appropriate. But the book is certainly a fascinating read, even for those whose mothers weren't as bad. When it was



THERE ISN'T A MOTHER OUT THERE WHO HASN'T AT ONE MOMENT OR ANOTHER THOUGHT, CAN I JUST GET A SMALL VACAY FROM THIS MOTHERING THING?

PEG STREEP

featured on "Good Morning America" last fall and on Vermont Public Radio's "Vermont Edition" shortly thereafter, responses came pouring in from around the country.

Working together her own story with



the experiences of other daughters of mean mothers, Streep paints a picture of mid-generation maternal dysfunction. At the book's core is the notion that a mother's ability to love her child is crucial to the child's development. The myth that all maternal love is maternal and unconditional only deepens the pain in unloved daughters' lives.

"Most of us have discovered, one way or another, that love among humans is sometimes unreliable," Streep says. "We like to believe that there is one kind of love that isn't. We like to think of mothering as being exempt from all that, but of course it isn't."

Halfhearted cards and People magazine covers would have us believe that mother love comes naturally, that an unbreakable bond is forged the moment a woman lays eyes on her newborn baby. But Streep argues that love is a learned behavior. In the book, she writes that she was all of 4 years old when she realized her mother didn't love her.

"I'd crawl frantically to the stiffened when I tried to sit on her lap or touch her arm and how she turned her face away when I kissed her," she writes.

As Streep puts it, a daughter can be the first glimpse of herself in the mirror that is her mother's eyes. (This connection isn't quite as intense for boys, because they are taught early on that their gender separates them from their mother.) When a daughter sees love reflected there, she grows up with a strong sense of self, believing she is worthy of love. If she doesn't find it, she may never establish a sense of self worth.

It's not easy getting a woman to speak honestly about her mothers on the record, Streep says. With the exception of herself, only one woman in the book agreed to let Streep use her real name. "I had a lot of women who were talked out of it by siblings, or decided they would

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Aug 24-26	Essex	14-18	10:00 am - 12:00 pm
Aug 27-29	Essex	14-18	10:00 am - 12:00 pm
Aug 30-31	Essex	14-18	10:00 am - 12:00 pm
Aug 12-14	Essex	19-24	10:00 am - 12:00 pm
Aug 15-17	Essex	19-24	10:00 am - 12:00 pm
Aug 18-20	Essex	19-24	10:00 am - 12:00 pm
Aug 21-23	Essex	19-24	10:00 am - 12:00 pm
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Aug 18-20	Essex	14-18	10:00 am - 12:00 pm
Aug 21-23	Essex	14-18	10:00 am - 12:00 pm
Aug 24-26	Essex	14-18	10:00 am - 12:00 pm
Aug 27-29	Essex	14-18	10:00 am - 12:00 pm
Aug 30-31	Essex	14-18	10:00 am - 12:00 pm
Aug 12-14	Essex	19-24	10:00 am - 12:00 pm
Aug 15-17	Essex	19-24	10:00 am - 12:00 pm
Aug 18-20	Essex	19-24	10:00 am - 12:00 pm
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## Mean Mothers

just took me bad talking about their mothers this way," the author says.

Steele experienced considerable criticism herself after she dove into the project.

"Why would you want to dig all that up now?" her law school asked when she heard what Steele was writing about, then said of Steele's mother: "She must have done something right, because you turned out OK, didn't you?"

A guest at a dinner party regarded Steele with disdain, she writes in the book. "I don't think it's fair to talk about those things," the person said. "My mother did what she could."

When the book was published, Steele expected responses to it to be similarly scolding — such as the one

of therapy before they fully understood that she done nothing as a children that made them inherently unlovable. They learned they could eventually reverse their brains.

"By [the time I had my daughter], I knew myself well enough to know that I wasn't my mother, and I wasn't the person my mother thought I was," Steele says. "That it took a really long time."

Her heightened awareness of where her mother went wrong, she says, has guided her in raising her daughter. "I call it the negative compass," she says. "Something my mother did not give me, my daughter got. Needless to say, these unloved daughters who become mothers are highly sensitive at recognizing in raising their children."

Even for those who have been well loved, mothering is a tough job. "It's not for the faint of heart," Steele says. "There isn't a mother out there who hasn't at one moment or another thought, 'Can I just put up a small white flag from the mother-ship?' But we don't let people be unloving about mothering."

While Steele was wrapping up the book, she recalls, her daughter, home from college, called her. "If you could speak to your mother one more time, what would you say to her now?"

The question took Steele aback. She has never resumed cutting off contact with her mother, she says, and she no longer seemed to ask the question she had obsessed over throughout childhood: "Why don't you love me?"

"If I could speak to my mother one more time, I'd say to her," she writes. "You didn't mean to, but you made me stronger and more aware than I might otherwise have been."

In person, Steele looks off a little from that statement.

"You don't really 100 percent heal from the experience," she says. "There is a hole, because there's something you needed and didn't get. But at the same time, like every human experience, there is a positive that can be drawn from it. It sounds very Pollyannaish, but it's true." ☺



By: Mary Steele

"There are mothers who are not up to the job," Steele says. "Do I think some of it is generational? Yes. Choosing not to have a child is no longer an unthinkable thing."

In fact, all through her twenties and thirties, Steele was motivated not to have a child. She made this decision for many reasons, she says, but her experience with her mother was high on the list.

"Former pretty much held that you were going to end up repeating the behavior of your mother," she says. "Be confident that as it is, women often go out in their lives and replicate that relationship. It may not be healthy, but it feels familiar."

But scientists now believe the cycle can be broken, and therapists say "conscious" therapy parents can be necessary. The key is to watch, Steele says. All but one of the women she interviewed, herself included, went through years

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# Meals for Minors

food

Tips on dining out with the young and the restless

BY SUZANNE POSHAIZER

**Y**ou've saved up for months for this special occasion dinner at Café Fancy. Inevitably Things are going swimmingly when you arrive, dressed to the nines, and are shown to a table with a thick white cloth and a chilled bottle of Champagne.

Two minutes later, the waitress scots Mr. and Mrs. Frazzled and their toddler throwing 2-year-old right next to you. The die dinner out the worst evenings your date is whispering, and an errant blob of armoire smudged potato lands on your dress.

Or maybe the couple pulls out some crayons and a snack, and things turn out just fine.

Whether kids belong in nice restaurants is a subject of heated debate. On the *Chowhounds* and *eGullet* forums, hundreds of posters have chimed in. Some say well-behaved children should be welcomed at five-star spots, noting that they're preferable to obnoxious drunk adults. Others say prepubescent and their parents should be relegated to the files of McDonald's and Friendly's.

We conducted an informal poll of area parents — plus University of Vermont alumni and Food Network star Melissa d'Arabian — and found a higher level of consensus. Most of our interviewees believe youngsters deserve the chance to try out restaurants that don't offer Happy Meals, but nobody argues they should be ordering (tasting menus at Vermont's finest eatery. And every single respondent notes that parents have a responsibility to their fellow diners.

Being a parent doesn't make you immune to annoyance when someone else's kid interrupts your evening. "I don't want to be sitting next to families if I'm not with my family," admits Burlington attorney and mom of one Jessica Osis.

D'Arabian, who has four young daughters, echoes her sentiment: "The worst thing is paying for a babysitter so I can have a nice night out with my husband — and having to listen to somebody else's kid."

So, why take the Spangolts set out to eat in the first place? For one thing, they'll never learn proper manners if they don't practice. "It's a training program," says *Marbellas* co-owner Alison Lane, who has two young boys. "They have to say 'please' and 'thank you' and learn how to order."

D'Arabian sets her little ones up for success by having a family bubble before they head out. "We let them know they're going to an adult restaurant, that it's a special occasion, and they have to act like young ladies," she says. "I believe everybody has to know what the rules are before they can be expected to follow them."

UVM psychology professor Rex Forehand, author of a book called *Raising the Strong-Willed Child*, says parents who take their children out to eat — or to the movies or the grocery store — must stay "child focused." It really requires a conscious decision," he says. The youngster, not the behavior or the perfectly scored set scullion on your plate, is where your attention should be. "If parents are willing to spend the time and effort to work with their children in fine restaurants," says Forehand, "then it's perfectly acceptable."

THE WORST THING IS PAYING FOR A BABYSITTER SO I CAN HAVE A NICE NIGHT OUT WITH MY HUSBAND — AND HAVING TO LISTEN TO SOMEBODY ELSE'S KIDS.

MELISSA D'ARABIAN  
FOOD NETWORK

To lessen the impact on other eaters, most parents quickly learn that early dinners are a boon. The *dinner* family sometimes eats as early as 4:30 p.m. to beat the dinner rush and the date-night crowd. When parents become aware that their kids are an economy in a restaurant of gourmet, Lane says, things can get stressful and rushed. "I have worried about all the other people, and you're drinking your wine like it's shots," she jokes.

Establishments that are naturally bustling and noisy — think American Flatbread and the new Portsmouth Tap & Grill in Burlington — can be great places to introduce kids to pub-style dining and a variety of new foods without making a scene. A spot that pairs a dining room with a more casual tavern, such as the Bearded Frog in Shelburne, can be a good choice, too.

Worth knowing if a restaurant welcomes children? Call ahead and ask — you may be surprised. At Burlington's *Chowhaus*, one of the city's finest eateries, children are accommodated with high chairs and smaller portions of "kids' pasta" for \$7. More adventurous eaters may share their parents' pizzas or order an appetizer-sized portion of penne *diavola*, which co-owner Keith Clary offers to pass with "crushed-up nachos."

"A lot of our regular customers have gotten engaged here, have gotten married and had children," Clary notes. "[Bringing the whole family] has always been fine." The view is that the parents are often more stressed out by the scenario than their fellow diners.

MELISSA D'ARABIAN

More food after the classified section. PAGE 42



FOOD LOVER?  
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Also, compared to the new 100 in the right 100, we see an increase in the use of Mac OS X, and a decrease in the use of Windows 95. The new 100 in the right 100 is also more likely to use the Internet, and to use a search engine.

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## Youth Farm Safety Coordinator, UVM Extension

The present coordinator will be responsible for developing Youth Farm Safety curriculum, promoting safety to youth, assisting in educational efforts, typically through the Extension, 4-H and youth activities, developing and implementing youth programs, and providing information and materials to youth, parents, and youth leaders. The coordinator will also be responsible for youth farm safety training, safety, and implementation and evaluation, with youth, parents, and youth leaders. The coordinator will also be responsible for youth farm safety training, safety, and implementation and evaluation, with youth, parents, and youth leaders. This is a 3-year position, with a 12-month contract.

Candidate must have the ability to travel and interact on a regular basis with youth and farm safety, and have the ability to work with youth and farm safety. The coordinator will also be responsible for youth farm safety training, safety, and implementation and evaluation, with youth, parents, and youth leaders. This is a 3-year position, with a 12-month contract.

The University of Vermont is an equal opportunity employer. Minorities and women are encouraged to apply.

## Home Provider Opportunities

CCS is looking for dedicated, active individuals or couples to provide residential supports to individuals with developmental disabilities. Comprehensive, good vacation and respite are included. We are currently offering three fabulous opportunities.

A personable gentleman is seeking an individual to move into his home in Winoski. This good-humored man is active in the community, has multiple interests, and a part-time job. He loves to go to the movies, watch videos on TV and is a great conversationalist.

A kind, humorous, nonverbal gentleman in his 40s is seeking a home with an outgoing person who enjoys being involved in the community and in social settings. Due to severe allergies, the home cannot have pets. This active individual loves music, walking and going to the library.

An independent young woman is seeking an active, energetic, female roommate who can assist her in accessing the community, learning to increase her independence and addressing her medical needs. She enjoys cooking, keeping in touch with online friends, socializing, fashion and is interested in continuing education.

If you are interested in joining our team, please contact Al Frugoli at [alfrugoli@ccs-vt.org](mailto:alfrugoli@ccs-vt.org) or 802-655-0511 x108 EOE

312 Troy Ave., Suite 1  
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www.ccs-vt.org



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## PHP/CS3 WEB DEVELOPER



## Executive Director Needed

Lincoln Home Health & Hospice is not for profit home health agency. Winoski, VT. seeks a leader committed to community-based services. The jobholder director of Medicine and Medical Center home health and hospice programs, medical child health and long term care programs and a general manager. The Executive Director is responsible for the planning, financing and selling of the agency as well as the development of new programs to meet community needs. Candidates must be self-motivated and organized. Able to communicate effectively in speaking and writing and willing to partner with the board and staff in meeting the agency's commitment to high quality health care in the home.

Preferred qualifications: Master's degree in health administration or a related field or a bachelor's degree from an accredited school of nursing or a related field with management and leadership experience. Familiarity with home health care helpful.

Send resume, cover letter and  
salary requirements to  
[HR@lhhho.org](mailto:HR@lhhho.org) or  
54 Fair Ave., Winoski, VT  
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## WINOOSKI FAMILY HEALTH

is looking for an  
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Send letter of interest  
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## PREVENT CHILD ABUSE VERMONT

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## MANAGER/TRAINER

To oversee the SAFET program, our prevention education program for middle school students. Candidates must be able to successfully recruit schools, train faculty staff and parents, handle administrative issues, and work directly with young teens. We are looking for someone with a unique blend of skills and experience that includes education, social work, supervising staff, sales and marketing. This is a full-time position based in Montpelier and does include statewide travel. Position is open until filled. Reliable transportation necessary.

Send cover letter resume and 3 references to

Executive Director, Search, P.O. Box 828, Montpelier, VT 05601-0828

Email: [pcav@pcavt.org](mailto:pcav@pcavt.org) Website: [www.pcavt.org](http://www.pcavt.org)





## Maintenance Manager

This position is responsible for maintenance and safety of the facilities and grounds, and keeping the physical plant in top operational condition at all times. Assigns work orders, repairs and basic carpentry and summer help. Prepares and manages annual operating/maintenance budget and capital projects. Negotiates and manages contracted services for lawn mowing, snow removal, electrical, plumbing, rubbish removal and preventive maintenance.

This applicant needs to have at least 2-3 years experience and be computer literate and familiar with computerized energy management systems, building operating systems, state regulations and OSHA guidelines.

Interested applicants should send a cover letter, resume and references to: **Michelle Mathias, Principal, Hyde Park Elementary School, 50 E. Main St., Hyde Park, VT 05655.**

**Large & Acanda is looking for motivated, flexible team players to join our growing children's team at our Essex and Williston locations. Must have experience, education and a sense of humor. Pay based on education and experience.**

Contact Kelli at 800-678-7621 or [kelli@acanda.com](mailto:kelli@acanda.com).

## VPRC

Vermont Parent Representation Center Inc. (VPRC), a non-profit and non-advocacy legal advocacy and social work services to

low-income parents to prevent unnecessary out-of-home placement of children, seeks the following individuals:

**Social Worker** with a working understanding of the child welfare system and its intersection of law and social work. Requires MSW.

**Peer Navigator** with personal experience as a parent who has dealt with the child welfare system.

**Staff Attorney** licensed to practice in Vermont with minimum two years experience. Prior experience with children in need of care and supervision and family court preferred. Experience with public benefits, education, housing or immigration helpful.

All positions require strong interpersonal and communication skills, commitment to interdisciplinary representation of parents, and desire to share in the education and challenges of new, growing endeavor.

Part-time positions covering Lunenburg, Grand Isle and Franklin counties. Salaries commensurate with experience. Preferred benefits. Cover letter and resume to:

**Trise Bech, 77 Charlotte St., Burlington, VT 05401, [trise.bech@vprc.org](mailto:trise.bech@vprc.org).**

**Kelly Services is hiring for numerous positions including temporary and temp-to-hire positions.**

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Kelly Services  
56 Rt. Five Oaks Terrace, Suite 3  
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See free file 6/3/15

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## HOME SHARE OPPORTUNITY Richmond

Active, congenial elderly gentleman with memory problems seeks room-sharing couple without children to live in apartment 1 bedroom apartment, available early July, rent free (this includes all) in exchange for caregiving, Sunday-Thursday nights from 5 PM to bedtime, with assistance if needed until 5 AM. Visitor no entrance of porch and minimal email msg sent.

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Champlain Valley Area  
Health Education Center

### Health Careers Program Coordinator

The Champlain Valley Area Health Education Center (Champlain Valley AHEC), a non-profit organization, seeks a creative self-starter and team player to develop, coordinate and present health careers related educational programs for middle and high school students in Addison, Chittenden, Franklin, and Grand Isle Counties. Responsibilities include offering career oriented health care presentations to students, as well as organizing or participating in conferences and job fairs in partnership with local schools, colleges, universities, hospitals, and community organizations. Bachelor's degree in education and/or a health related field required. Strong presentation and communication skills, program management expertise and attention to detail are essential. Great writing and coordination experience a plus. Familiarity with MS Office desired. This is a full time position with benefits.

Apply by Monday, June 21 with cover letter, resume, three professional references, and salary requirements to:  
Health Careers Program

Champlain Valley Area Health Education Center  
152 Fairfield Street  
St. Albans, VT 05478  
or send via email to:  
whc@chamvalley.org

No phone calls please!

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### Community Coordinator

CHITTENDEN COUNTY STATE'S  
ATTORNEY'S OFFICE

Duties will start with working knowledge of the criminal justice system, local social services and juvenile justice principles sought for community coordinator position. The community coordinator will work collaboratively with community groups law enforcement and court personnel to implement alternative justice programs and to promote rehabilitative services. Applicants must be culturally competent. Position reports to the State's Attorney for Chittenden County and the Chief of Police for the City of Burlington. Highly competitive salary and benefits.

Resumes due by 11:59 to  
11 Cherry St., 3rd Fl.,  
Burlington, VT 05401

### education coordinator

Montpelier Education Office will receive a report to the regional director's supervisor for the public. Job is available for program development, including writing curriculum and other projects in the region. Role assigned based on skills.



Submit letter and resume to:  
Julia H. Hines  
Human Resources  
Montpelier Education Office, 101  
First Montpelier Avenue for details



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### Financial Assistant – Payroll

This is a full time position in the Clerk/Treasurer's Office that is responsible for performing technical and administrative accounting work including payroll and accounts receivable administration, departmental and state reporting. High school diploma with three (3) years of direct payroll-related experience required. Associate or bachelor's degree in accounting preferred.

For a complete description go to City of Burlington Application site our website at [www.burlingtonvt.com](http://www.burlingtonvt.com) or contact Human Resources at 802-246-7145. If interested, send resume to: Human Resources, City of Burlington, Application for June 18, 2018, 88 Dept., 131 Church St., Burlington, VT 05401. EOE



### Accountant

Democracy for America is a grassroots powerhouse working in all 50 states to change our country and the Democratic Party from the ground up.

DFA is seeking a detail-oriented, well-organized and experienced accountant to administer and manage income, expenses, employee benefits and compliance with state and federal regulations. The ideal candidate has a background in accounting and bookkeeping. Is a quick study and can maintain a high level of administrative detail in a fast-paced environment. Responsibilities include reconciliation of multiple bank accounts, preparation of cash flow projections and proper filing of IRS reports. This is the perfect position for an experienced administrator with an interest in progressive politics and a desire to develop even stronger accounting skills.

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To view the full job description, visit [www.democracyforamerica.com/jobs](http://www.democracyforamerica.com/jobs) and to apply please email a resume and cover letter to [careers@democracyforamerica.com](mailto:careers@democracyforamerica.com). DFA is an Equal Opportunity Employer.



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Companion and mentor would be available and occasionally receive social and emotional support. Companion required and island experience preferred. There will include reporting the client's health goals, planning, research and weekly counseling services. A scheduled communication with a case manager and family. This is a part-time position, 9-12 hours per week, split over two or three days. There are flexible and will be mutually determined. Salary commensurate with experience.

Letter of candidates and resume with resume and date letter of reference by July 2nd.

144 Rockwood Hill Road,  
East Fairfield, Vermont 05448 or  
email records to [info@burlingtonvt.com](mailto:info@burlingtonvt.com)

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- \* Develop data-driven recruitment action plan.
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- \* Develop and distribute timely press releases.
- \* Be the "face" of The Schoolhouse.
- \* Develop enrollment advertising plan.

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- \* Collect data on the implementation of the admissions plan and report the findings to the board of trustees.

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- \* Develop data-driven retention action plan.
- \* Collect data on the implementation of the retention plan.
- \* Develop an alumni database.

#### TECHNOLOGY

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#### The Schoolhouse

100 Main St., South Burlington, VT 05405  
[info@schoolhousevt.com](mailto:info@schoolhousevt.com)



THE SCHOOLHOUSE

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Established NAEYC accredited early childhood programs seeking dynamic, committed teacher to be part of our early childhood program. First five responsibilities include working as a team member for curriculum planning and implementation, and working with families in a holistic, collaborative environment. Full-time opportunity with benefit package. BA/BS in early childhood or related field and early childhood license preferred. The Center is an equal opportunity employer.

Please send resume and letters of reference to  
Beatrix Williams, Mary Johnson Children's Center,  
811 Wilbur Street, Middleburg, Vermont 05758.

» Applications due June 25. «

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For interview call 802-652-9629.

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The award-winning team at **Peregrine Design Build** in South Burlington is looking for a part-time Bookkeeper/Office Manager, 20-25 hours per week. This candidate must have office experience and be highly organized, detail oriented and a good communicator. Proficiency in QuickBooks, Excel and ACT is a must. \$16 per hour.

Please email resumes and  
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## Vermont Campaign to End Childhood Hunger

### Nutrition Education Program Coordinator

The Vermont Campaign to End Childhood Hunger is its full time, coordinate for all in-kind nutrition and cooking education program for low-income Vermonters. Developing and maintaining relationships with partner schools, businesses and support curriculum materials, distribute and facilitate education to program participants at schools, youth centers, ethnic markets, and community organizations. Is able to travel required.

Position requires consistently organizing experience at a local institution, flexibility along with strong communication and analytical skills. Bachelor's degree required, background in nutrition or health education a plus. Resume and cover letters accepted through June 21st. Interviews begin immediately. Position will be filled as soon as a well qualified candidate is identified.

**Vermont Campaign to End Childhood Hunger**  
180 Flynn Avenue, Burlington, VT 05401  
[humanresources@vtcnohunger.org](http://humanresources@vtcnohunger.org)



**Consider joining the dedicated team at COTS...and help to make a difference!**

COTS provides emergency shelter, services and housing for people who are without homes or who are marginally housed, with the belief that housing is a fundamental human right.

#### EVENING SHELTER STAFF

COTS has a full-time opening for evening Shelter Staff in our Single Adult Shelter working from 6 pm to midnight. Shelter Staff responsibilities include maintaining a safe and supportive environment while building trusting relationships with individuals transitioning from homelessness to housing. The ability to work independently as well as part of a committed team is necessary. Strong communication and crisis management skills are a must. Experience working in homeless direct service preferred.

COTS provides a very complete benefits package including health dental, retirement program, short-term disability, an Employee Assistance Program and generous paid time off.

Please, no phone calls, electronic applications preferred.  
Positions are open until filled. 100%.

Send cover letter and resume to [Jobs@cotsonline.org](mailto:Jobs@cotsonline.org)

**COTS, Human Resources, PO Box 1616**  
**Burlington, VT 05480-1616**  
**EDE, TTY relay 1-800-545-3323**

### Early Preschool Teaching Director

Excellent opportunity available in a 500 to 1000 sq ft preschool. Seeking teacher with experience in education. Will offer competitive salary, full benefits, great benefits and training. Health benefits provided. If you are interested in working in a well established school children and teachers are exceptional. Please contact us for more information or to see our site.

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### The Counseling Service of Addison County, Inc. Review a Part of Our Exceptional Team! JOB OPPORTUNITIES Employment Associates Program Coordinator

Looking for an energetic and dynamic individual to lead the supported employment program. It supports approximately 110 people with developmental disabilities in job development, placement and daily employment support throughout Addison County. Solid program planning and management skills, experience with this population and a BA required. Responsible for supervising service coordinators and a large number of direct support staff. Knowledge of local businesses and great management is a plus. 37.5 hours per week. Based in Middlebury.

For a complete list of Job Opportunities visit [www.csaac-vt.org](http://www.csaac-vt.org)

To apply you may choose to contact us by:

- Email [apply@csaac.vt.org](mailto:apply@csaac.vt.org)
- Mail  
CSAAC Human Resources  
89 Main Street  
Middlebury VT 05753

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### Office Manager

**Vermont Youth Orchestra**  
Associates has a full time opening for a highly motivated individual with excellent communication and computer skills. Coordinate Music Center maintenance and arrangements handle rental inquiries, general office duties and business management and have office of duties at occasional weekend concerts. Ideal candidate will have a basic knowledge of orchestral music. Detailed job description posted at [www.nyvo.org](http://www.nyvo.org)

Competitive salary and benefits. Please email your letter resume and references to [caroline@nyvo.org](mailto:caroline@nyvo.org) before June 21



### COOK

The Converse Home is downtown Burlington is looking for a full time cook to prepare great meals for our 66 residents. Previous experience required. Send resume to Karen@conversehome.com.



### Central Vermont Council on Aging Information and Resource Services

is HIRING for the following positions:  
**CVCOA Barre Office**  
(1 position)

**Information and Assistance Specialist**  
(Full Time 40 hours/week)

Req. Bachelor's degree, human services experience, solid computer skills, ability to multitask and work in self directed environment. If you intend to serve the growing older population in central Vermont, this job puts you on the front lines—in the office and in the field—and will require some regional travel on all seasons. Whether working on the telephone, assisting families and others with forms, or doing home a site with an aim to connect them to local resources, your skills in helping seniors stay independent and healthy in our communities are essential.

Interested? Bring a sense of humor and a trip home...



### Home Share of Central Vermont (2 positions)

**Program and Volunteer Coordinator**

(Full Time 40 hours/week)  
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(Full Time 40 hours/week)  
Req. Bachelor's degree, excellent computer skills, office experience, sense of humor

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### Howard Center

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The Developmental Disabilities Service Area of Howard Center seeks exceptional people for these opportunities. Contact Maria Smith, 855-458-9571.

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**SURELY 38-YEAR-OLD WOMAN** seeks a healthy person(s) to provide a home and residential support. She has a great sense of humor, loves to exercise, and enjoys a healthy lifestyle including eating well, working, and regular recreational activities. Ideal candidate(s) enjoy a healthy, stress-oriented lifestyle.

**PAID ROOMMATE** sought for a 26-year-old man in his Winstock, two-bedroom apartment. This avid Red Sox fan enjoys movies and sporting events. Ideal candidate is per-age male with reliable transportation.

**BECOME A PROFESSIONAL ROOMMATE**—Share an apartment in Winstock with a 47-year-old woman, who enjoys working on craft projects, shopping and working for the Red Sox. She likes being active and spending time with friends and family. She requires some supervision with personal care. Ideal candidate: mature and home cook, enjoys the outdoors and pets. Generous tax-free stipend and very affordable rent that is shared.

**42-YEAR-OLD DEDICATED PEOPLE WANTED** is looking for family, couple or single person to provide a nurturing home. She also enjoys car rides, TV and listening to music. Personal care required. Older children and pets ok. Tax-free stipend, flexible support staff and flexible budget provided.

**57-YEAR-OLD WOMAN** needs a quiet, pet-free home in the Greater Burlington area. She enjoys going for walks, watching TV and listening to music. Personal care required. Generous tax-free stipend, flexible budget and staff hours included.

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Please send your resume and letter explaining why you would be a great addition to our team to:

VICTOR, ALEX, JO MORGAN  
311 S. Main St., Suite 200  
Burlington, VT 05401-1599

We consider applicants on-line. Please apply online at: [www.victorvt.com](http://www.victorvt.com)

## Reading Specialist

Part-time position (up to 0.66 FTE) available at our Winstock School to provide individualized and small-group reading support and instruction to students based upon their needs, to collaborate with other educators to plan individualized programs for students with reading disabilities, and to assist with statewide implementation of best practices in reading instruction and assessment, including selection of materials, application of research to practice, provision of professional development in the area of reading and evaluation of the effectiveness of the school's literacy program. Qualified candidates must hold a valid VT Educator license with a Reading License. This position is endorsement (3.26), plus meet the HQE requirements for the endorsement. Strong background in differentiated instruction and strong knowledge of reading assessment, application only accepted electronically through [www.schoolspring.com](http://www.schoolspring.com) (Job ID 37514).

## World Language Teacher

Part-time (0.25 FTE) position available at our Winstock School for a K-4 teacher at French or Spanish to provide introductory instruction to students in grades K-4 and more formal instruction to students in grades 7 and 8 that will coordinate with 9th-grade foreign language curriculum. Candidates will need to hold or be immediately willing to seek a valid VT Educator license with a K-12 foreign language endorsement in either French or Spanish. Strong background in differentiated instruction and experience using digital-age tools as resources for teaching and learning preferred. Applications only accepted electronically through [www.schoolspring.com](http://www.schoolspring.com) (Job ID 37515).

## CASE WORKER

Part-time position to assist Court Division Case Manager. Tasks include helping facilitate Review Board hearings and Restoration Justice Panels, developing community service lists and supervising community service work projects, administrative support including data entry, and written and phone follow-up with clients and service providers. Bachelor's degree in human services or related field and relevant experience preferred. Must be professional and flexible.

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Send resume and cover letter to: [HR@JDK.com](mailto:HR@JDK.com), 47 Maple St., Burlington, VT 05401, or email [hr@jdk.com](mailto:hr@jdk.com) EOE.



## STAFF ATTORNEY

**Safeline Inc.** seeks a full-time Staff Attorney to represent victims of domestic sexual and dating violence and assisting in legal proceedings arising as a result of their victimization. Safeline is a feminist organization dedicated to ending physical, emotional and sexual violence against women and girls through direct service, education, advocacy and social change in Orange County and northern Windsor County.

The successful applicant will be admitted to practice in Vermont, have at least three years experience, preferably in family law, have an understanding of domestic and sexual violence and the unique needs of victims and survivors. Competitive salary and excellent benefits. People from diverse communities encouraged to apply.

Interested applicants should send a cover letter and resume to: **Nikola Lee, Executive Director, Safeline PO Box 368, Chelsea, VT 05608** or email to [nika@safelinevt.org](mailto:nika@safelinevt.org).

Application deadline: June 20, 2019.

## Full-time Conservation Organizer

**Sevens Club** Full-time Conservation Organizer to work in Montpelier, VT. Grassroots organizing and education in support of wildlife habitat protection, chapter membership development and other conservation-related activities such as watershed protection. Visit web address below to see job description and follow instructions to submit a cover letter and resume.

[www.sevensclub.org/careers/conservation/Conservation-Organizer/essential.html#tab:info](http://www.sevensclub.org/careers/conservation/Conservation-Organizer/essential.html#tab:info)

## Communications Internship Summer 2019

The Nature Conservancy (TNC) has an immediate opening for a communications intern. Based in Montpelier, VT, the intern will assist with photography, writing, graphics and general communications support. We seek a professional, creative, can-do person to play a key role in preparations for our 50th anniversary celebration in Aug. 20. This is a short-term position paying \$18/hr (up to 20 hours per week).

### Needed are:

- desire to gain experience with TNC and belief in our mission to preserve the planet, animals and natural communities that represent the diversity of life on Earth by protecting the lands and waters they need to survive
- knowledge and/or coursework relating to communications and marketing
- proven experience in writing, photography, graphic design
- strong organizational skills and attention to detail
- ability to work independently and to take direction
- valid driver's license

TO APPLY send an email to **Sevens Club, Communications & Philanthropy Manager, sevensclub.org** with:

- cover letter detailing your interest and qualifications, and indicating your availability from June to September 2019,
- current resume, and
- current contact information for 3 academic and/or professional references

Open until filled. Interviews start immediately. EOE

**The Nature Conservancy**

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Champlain College seeks qualified individuals for the following open positions. To find out more information about these positions and to apply online, please visit [www.champlain.edu/jobs](http://www.champlain.edu/jobs). For all positions, the successful candidate must have a criminal background check required.

Champlain College values and encourages diversity of backgrounds, cultures and perspectives of all students, faculty and staff. We are an Equal Opportunity Employer.

## Operations Manager, Division of Continuing Professional Studies (CPS)

Provide overall coordination and management support to all academic administrative functions within the division, which is responsible for serving adults in programs online and on campus. Manage course scheduling, budgets, adjunct faculty contract preparation, new hire logistics, and curriculum development/instructional planning. Provide greater, high-level administrative and coordination support to the Division Dean and Associate Dean in meeting enrollment and program quality goals. Act as a communication point person and problem solver to the division's faculty and staff as well as other college academic and administrative offices.

## Annual Giving Coordinator, Office of Development and Alumni Relations

Seek an energetic individual focused with annual giving/fundraising special events for alumni, parent relations, and college functions. Oversee the solicitation of alumni, parents and friends of the College by coordinating the phone-in team program, supervising a staff of student callers, and the preparation of data for caller readiness. Contribute to parent relations and annual giving websites and social media sites, publication of parent relations e-newsletter, compile statistics from tracking and benchmarking programs, and provide statistics to the Director.

## Operations Manager, Office of International Education (OIE)

Part time, 20 hours per week

The successful candidate will be responsible for managing all priorities, special projects and budgets within the office. OIE is multifunctional and connects all priorities associated with the design, delivery and administration of all international education programs and related policies and protocols. Collaborates with various campus entities to coordinate office functions including event scheduling and management, travel and conference arrangements, office visits, course offerings and catalogs for Champlain Island programs. Manages the OIE annual calendar, past coordinates all academic and non-academic events, including study abroad fairs, site visit recruitment visits, mentoring schedules, and organizes the Associate Provost's calendar. Help recruit and maintain website in cooperation with OIE staff and maintain professional newsletter. Participate in the creation and maintenance of the office's budget and order office supplies.

## Athletic Activities Planner

Part time (20-25 hours/week), academic year

Be right in the heart of the action as you schedule, plan, implement, coordinate, grow and oversee the many athletic activities at Champlain College. Want to be able to work a flexible schedule, including evenings, late nights and weekend hours. This position is the key position on campus administering athletics at Champlain and therefore oversees all athletics at the college. The successful candidate must be energetic and knowledgeable about a wide variety of athletics. Responsibilities include the supervision of student employment during internships and greenhouse student staff.

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What's Hot! Local News

## food



## Meals for Minors

One cocktail—and sometimes two—rule kids should never show up at a restaurant hungry. Food writer and UWM communications specialist Lori Ann Cox, who has a 9- and a 6-year-old, notes, “If they’re really starving, their idea of a long wait can be measured in seconds.” Like Cox, d’Arbush always offers a snack beforehand, and brings another one along just in case.

Most of these parents agree that even picky kids should be exposed to new foods at home rather than restaurants. “Do I get them the halibut poached in olive oil served on breaded Swiss chard?” d’Arbush asks. “No. That’s 30 bucks out of my pocket for nothing. It’s not the time for them to learn to like crazy things.” For fragility’s sake, Cox agrees, “I’ve not cooked to order something for [my 6-year-old] unless I’m sure she’s going to eat it.”

Lane does things a bit differently with her sons, whom she calls “pretty good eaters.” At Sauter Steaks in Richmond, one of her family’s favorites, she’ll narrow the menu down to a couple of options, such as quesadillas or peanut noodles with beef. “Too much choice is not a good thing,” she suggests. “Will you? Thank us or no,” and they’re usually fine with whatever. A good rule is “choose or a burger with hand-cut fries generally makes it onto the list.”

Sometimes even restaurants that offer special options for children get hit too hard. “I think sometimes [parents] think they have kids’ options, but they feel the need to make kids themselves some way that kids don’t want,” Cox says. “In my experience, going to a restaurant isn’t fun for anybody if the children don’t enjoy the food.” In short: Check, leave the kid options and the doting of soaked papers for the grown-ups.

What should restaurants do to be more kid-friendly? Susan Holman, co-publisher of *Rude PF*, has some ideas. Children’s meals should be delivered

**IF PARENTS ARE WILLING TO SPEND THE TIME AND EFFORT TO WORK WITH THEIR CHILDREN IN FINE RESTAURANTS THEN IT'S PERFECTLY ACCEPTABLE.**

REX FOREHAND  
UWM PSYCHOLOGY PROFESSOR

a few minutes early to give parents a chance to cut up meat and make sure items aren’t too hot, but not so early that the kids are antsy and restless before their parents can fork up a bite.

Coloring books and trivia cards make things fun for families, and keeping activities a priority — by automatically offering kids of apple sauce or broccoli instead of French fries, for example — will earn an entry a gold star. But the main thing Holman looks for is flexibility. “If the kid wants butter on the spaghetti, and it only comes with red sauce, that’s going to be a problem,” she notes. “Most children are picky.”

Needless to say, there will be occasions when even the best-laid-out youngsters are pushed beyond their limits. That’s when coloring books, toys and understanding restaurant staffs are extra important.

For those like those, d’Arbush has what she calls a “go to emergency strategy that I can use at almost any restaurant, anytime.” What’s the secret? In essence, “If they’re begging, if there are no leftovers, I’ll say, ‘Go, grab them each a scoop of vanilla ice cream, and the check!’” she says. “That buys me 10 minutes, maybe 20.” ☺

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food

# Tap Dance

Taste Test: The Farmhouse Tap & Grill

BY SUZANNE PODRAIZER



Opening a new restaurant is always hard, but opening a restaurant with around 180 seats in downtown Burlington that specializes in quick-cooking burgers and dozens of unusual craft beers is probably harder than average. Add stunning business every single day of the week, from opening till closing, and you've just described The Farmhouse Tap & Grill. Its owners took a former McDonald's just off Church Street and converted it into a hip, copper-accented beacon of localism.

The building's history is enough to give fast-food lovers a frisson of glee on a first visit. An unfamiliar out of towners would be unlikely to guess that McNagans were once dispersed here. The dining room is spacious — albeit loud — and the barbers have a modern yet warm look.

The look of the menu is striking, too. It offers a partial list of farms that supply the eatery's raw materials, ranging from high-quality meat purveyors such as Jericho's *Bellevue Farm* to Stow Pond Farm to a slew of cheese-makers and veggie growers.

Their products appear on the front of the menu cooked up in simple, happy dishes — such as "a" classic, round steak, corn cakes — with touches that elevate the fare above the average. Think house-made hamburger beans, macaroni and dilly beans, fresh terragon and garlic



with the burgers and fries, and sandwiches topped with grilled apples, house-pickled jalapeños and gouda local cheese.

The multitude of the ingredients shows in every dish. An ultra-fresh salad was topped with gouda cheese and the first pure I've seen this season, although few chunks of sweetened better burger were too large for my taste. Stewed summer sausage tasted great.

**f** The Farmhouse Tap & Grill, 160 Bank Street, Burlington. 802.859.0888



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## SOUNDbites

BY GARY ROLLER



## Jazz, the Other White Meat

Overtimes, one last. And welcome to week two of your annual "Jazz Five Zone" "Soundbites" column, in which I make a concerted effort not to mention any thing about the ongoing Rockport Discover Jazz Festival. With the exception of that last sentence. Always.

Actually, I'm going to break the rules and briefly mention two acts that might not earn over R&B's opening weekend slot. I made the rule so I can't do what I think it right? Right?

This past Friday, while the majority of Rockport was packing to **DISCOVER ALBERTS** BEFORE ALL STARS on Church Street, I stuck over to Radio Inn and caught one of the hottest combos I've seen in a while, **HORNY PLAYS**. The six trio is led by local keyboardist **MATTHEW TUPPIN** and features the untouchable **WARRIORSHIP** (NORCOA VIBROPHONE) and **WARRIORSHIP** (NORCOA) on bass and Manhattan-based drummer **PAUL MORGENTHAU**. Honestly, the band was worth the price of admission — you know if Rollins ate a chicken wing — if only to experience McMorris, who is among our nation's musician's most sought-after players. He is otherwise simply a joy to watch. But this night, the increasingly impressive **WARRIORSHIP** (Strength in Numbers, **SHAKA CALLING**) cut in on sax and blew doors off the room. Word to the wise: McMorris is officially a member. Each member of **WARRIORSHIP** is playing in various ensembles around town this week. Do yourself a favor and seek 'em out.

## GOT MUSIC NEWS?

SEND IT MY WAY: [GAMP@SERIOUSLYFUN.COM](mailto:GAMP@SERIOUSLYFUN.COM)

## MORE MUSIC ALL WEEK LONG!

READ **SOLID STATE BLUES**: [SERIOUSLYFUN.COM/BLUES](http://SERIOUSLYFUN.COM/BLUES)

There are plenty of assumed pros who will (happily) label you one? "True, goes on to imply specifically, a rift between local jazz players and the people that he. He closes with this provocative line: "But in certain low-disposition it is to water down a jazz festival with unimpeachably pop bluesgrass and folk music. But that these are your quality bands, but they belong to a jazz festival as much as **SONNY ROLLINS** belongs to a country music festival?"

Actually that would be awesome. In 1987 Rollins recorded an album called *Way Out West*, which featured a number of jazz takes on country and western tunes — and a portrait of Rollins as a cowboy protagonist. Hey, **WOB** got any openings at the Country Club this year?

Anyway it seems I have my very own version of *Way Out West* (the information, not the idea... ahem...) Either that or I have a direct line to the sheriff, which means all manner of essential questions. Most notably: Steven has a car?

As of this writing, none of said professionals, all tips at otherwise, have come forward to say their presence. Finally I doubt they will, especially as most local jazz players are probably a little busy, um, playing in the Jazz Fest. And it's not as though the increasingly blurred definition of the genre it "jazz" leaves it in a photo-canon — have you seen the lineup for Montreal yet? Hello, Louis! Hello!

However, I have just spoken to that wide-ranging former UPW student Peter Negravito, who stated this whole mess, and possibly agreed a word to the wind.

"It really isn't on into Jazz. For this," he says of his newly named festival. "It's really just a chance for us to do our own thing. The Jazz Fest can do their thing, and we'll just have all the friends who dig through the circle at the North End Studio."

Well put. Kiss hello to what Negravito wrote in his grant proposal to the New England Conservatory — which was accepted and is being used to fund a live recording of the "other" festival. In it, he writes his vision for the **GMF** is simply to provide a place for forward-thinking musical projects to perform in an artistic community center that supports the creative and experimental arts."

And this is exactly what he has done



John Coltrane be damned

The **GMF** runs through this Saturday. For a full schedule of performers, visit [openjazz.com/othermusicfest2008](http://openjazz.com/othermusicfest2008)

## BiteTorrent

- You are technically a **EDUF** above, but the actual CD release party for **JOHN STONE** and **Strength in Numbers** — speaking of Bryan McNamara — at Nectar is this Saturday a place to be chosen. I have back records and they are quite similar like And come to think of it, I wouldn't classify either band as "jazz." Why? "Coltrane" is on to something here after all.
- In other non-jazz **EDUF** show news, anyone **ARTIST** grab a tag, it's tomorrow. The Thursday, Queens City has been a place to be chosen. I have back records and they are quite similar like And come to think of it, I wouldn't classify either band as "jazz." Why? "Coltrane" is on to something here after all.
- The Worcester Music Summer Concert Series gets under way this Friday at the Worcester College of Fine Arts auditorium in Worcester. The four-day series is a fundraiser for the Worcester Music Society.
- The Worcester Music Society, a collaboration of 18 VT filmmakers documenting the state's history of independence. Looking for liberty (and money) in Worcester's historic downtown. **ROBERTA POLYMER** and **MAO** have it.
- Speaking of Worcester, happy birthday to the mini library project, which turns 1 year old this Sunday. To celebrate, the capital region is hosting an entire day of free live music from the likes of **JOHN STONE** and **Strength in Numbers**. The "Soundbites" appeared **JOHN STONE**, **JOHN PARKS** and the couple grace summer grass from **JOHN PARKS** and **JOHN PARKS**.
- Also 1 year old this weekend is the Middlebury venue Stone Land Trolley. This Friday it's hosting a feature on **gritty jazz** combos that **THEY MIGHT BE DIFFERENT**.
- So long as New Music Cafe looks like a weekly benefit across the Friday week Pittsburgh is **THE NEW MUSIC** (aka **JOHN PARKS**). The show's beneficiaries will change each week, but for the remainder of June proceeds go to Freedom in Creation, which aids foster child adoption and provides a drinking water to children in Uganda.
- Free of charge 1.5 mile-pa, take note **JOHN STONE** at The Monkey House this Thursday. Yes, at welcome.
- Free of charge 1.5 mile-pa, take note **JOHN STONE** at The Monkey House this Thursday. Yes, at welcome.
- And, but not to least, a happy "Welcome home" to **THE VACANT LEAF**. The group's fourth disc is back from touring with **STRENGTH** and will rock a psychedelic **WARRIORSHIP** at Club Matrona on Wednesday June 11 with Philby's **THE ASTORIAN** and **THE NEW MUSIC**.

## Discover ... Other Music, Part 2

**PETER MORGENTHAU** has a problem with the jazz fest. (Days go by again?)

Actually he doesn't. But **JOHN COLTRANE** does.

I received a number of responses to last week's bit about the Negravito-curated Other Music Festival, which is currently underway at Radio Inn at North End Studio. Many were from curious rockers who want to check out some good experimental music. But one letter from a certain "John Coltrane" offered a different take.

"If you really want to know what local jazz musicians think of the Discover Jazz Festival," the letter said, "legendary saxophone player." I hardly suspect you seek out and talk to the top **PROFESSOR** and **MAO** in the rock, not formerly-buried UPW students









# SEVEN DAYS UP YOUR ALLEY SUMMER MUSIC SERIES

STARTS THIS FRIDAY, JUNE 11 WITH  
**LENOX LEWIS TRIO**

Cool cat fun  
Fridays at 5:01.  
All summer long.

NEXT FRIDAY:  
**RICK REDINGTON  
& THE LUV**

PRESENTED BY

THE **NORTH FACE STORE**  
GIRL SPORT • 215 COLLEGE ST.  
850-4060 • KILPORTGEAR.COM

**REDSOURCE** **SEVEN DAYS**  
entertainment



DO SOMETHING YOU LOVE THIS SUMMER!

BECOME A HAIRSTYLIST!

Class Begins July 5th  
Monday - Wednesday 8am-7pm

\*Ask about our FLEX schedule!

We have barbering students!  
We are offering \$8.50 clipper cuts  
throughout the month of June!

(All student work performed by instructor-supervised students)

Are you eligible for financial aid? Give us a call!

1495 Shelburne Road | South Burlington, VT 05403  
802.698.9551 | www.oberlinavedainstitute.org

FRIDAY

**MAJOR THIRTY** Frey (Soft) (rock) 10 p.m. Free  
**BLUES BOULEVARD** August Wright (Jazz)  
10 p.m. Free

## SAT. 12

**burlesque circus**

**NE LOUNGE** George (Hard) and Friends (Jazz) 10 p.m. Free  
**THE STONE** (Rock) (Jazz) 10 p.m. Free  
**THE STONE** (Rock) (Jazz) 10 p.m. Free  
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**THE STONE** (Rock) (Jazz) 10 p.m. Free  
**THE STONE** (Rock) (Jazz) 10 p.m. Free

**BLUES BOULEVARD** (Jazz) 10 p.m. Free

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## It's a Small World

In response to widespread deformation  
reading from slash-and-burn agriculture  
is her sister Madeline, singer

**RADA SAE** (and a moving side to her  
husband, the widely acclaimed Zulu  
Nelson. The record, released on local  
import Cumbacha, is a multicultural  
masterpiece that features some of her  
country's finest indigenous talents,  
framed by SAE's flawless phrasing  
musical sensibilities. These are useful,  
benefit earnings that can truly be called  
"world music." This Friday she'll perform  
at Danes and Main Stage in Burlington



**WINTER'S COUNTRY** (Jazz) 10 p.m. Free  
**WINTER'S COUNTRY** (Jazz) 10 p.m. Free  
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**WINTER'S COUNTRY** (Jazz) 10 p.m. Free

**chapelin valley**  
**CHAPLIN VALLEY** (Jazz) 10 p.m. Free  
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**CHAPLIN VALLEY** (Jazz) 10 p.m. Free

**northern**  
**NORTHERN** (Jazz) 10 p.m. Free  
**NORTHERN** (Jazz) 10 p.m. Free  
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**regional**  
**REGIONAL** (Jazz) 10 p.m. Free  
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**SUN. 13**  
**SUNDAY** (Jazz) 10 p.m. Free  
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**burlesque circus**  
**BURLESQUE CIRCUS** (Jazz) 10 p.m. Free  
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## JUNE 09-16, 2010

21 June

**ALMA** Interprofessional actors lend a sense of reality to *Scandinavian* and *Seven* (Shurik's lover) live about a multiethnic neighborhood. *Grave* 3, *Columbus* Arts Center 01, January 11-30 p.m. Ages: 16+ Info: 361-7600

**WINSTON**—Hence Delloodher's 2008 biopic reveals the role of Mussolini's lower-class father in his political ascent. (Cinema 1, Columbus, July 12, 10 p.m.; 130 p.m., 8 p.m., 7 p.m. & 1 p.m.; 140 p.m.)

food & drink

**ENCLAVED FALLS FARMERS MARKET** A farm market became more than 20 years old offers herbs, pillows, vegetables and just-baked granolas in the heart of the village. Lincoln Park, Brandenburg Falls 3-8-96. Free info: 813-4303 or 813-8670

LANDMILL VALLEY YEAR ROUND FARMERS.

**ARTISAN MARKET** Farmers and food producers fill Periwinkle's tables with meat and seafood offerings, including eggs, butter, breads and raw steaks. 1001 River Arts Center, Asheville 3-8-3026 or Free Info: 800-326-1261

**NEW MONTICELLO FARMERS MARKET:** Local veg, fruit, dairy, artisan baked goods and more. Also with a hot lawn for sunny shopping. 1003 New Rd. Monticello, 505.338.0000 or 505.338.1000

**SOUTH AFRICAN FARMERS MARKET** (Hawthorne, Iowa)

advantages offered from the incentives associated with joining the HSE of Lower Church, South Hants 4-10 pm Wed 17th Dec 2002

**SUN TO CHEESE TOURS** VISITATIONS • Behind the scenes look at dairy farming and cheesemaking as they observe new milk being transformed into cheese at the Provinger Brothers Farm, 214 pm. \$10 includes a block of cheese, soil, seed, more.

## Health &amp; Fitness

**CHAMBER CLASS:** Introduction Liquid-Fire Truck  
a grade: All Fire Truck class. No charge  
everything. Starts at 10:00 AM. Location: Bedford  
Public Library, Bedford, 3.30-4.30 p.m. (3 days)  
Phone: 202-451-0611

2002 2544-2550

## community

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**MEETING** Area residents learn the facts of the South End road project, paying special attention to economic development. Conference Room Water Treatment Plant, Burlington 8:30p on Tues. July 30/31 80295

**ROTARY CLUB OF EISEN.** Rotarians help build goodwill as they get on as service goals at weekly social meetings. Newcomers are welcome to attend. The Eisen, Eisen 12:30-1:30 p.m. \$10 fee. [www.rotaryclubofeisen.com](http://www.rotaryclubofeisen.com) or 503.755.2310.

**WINDSOR: COALITION FOR A SAFE AND PEACEFUL COMMUNITY** Neighbors and local businesses help create a thriving Green City by

planning ceremonial events, sharing resources,  
benchmarking and more. Contact Community  
Dev'ts Vicepres. 330-4.12 p.m. Free. Info:  
800-338-4410 ext. 30

**WINDSOR RIVERWALK FESTIVAL PLANNING MEETING** Neighbors join to organize the 20th on July 28th annual summer celebration at O'Brien Community Center. Windsor, 5:30 p.m. Free. Info: 734-5125, [events@windsorkidzcenter.com](mailto:events@windsorkidzcenter.com).

1994

**BERKMAN-HICKS STUDY GROUP®** Believes in the tax education advantage through one-on-one and group seminars. Now your thoughts affect your life. Only Christchurch Vermont, book seminar 800/951-3333. Fax: 800/383-8888.

**ITALIAN CONVERSATION GROUP** - Learn Italian and native spoken Italian language practice for all ages and abilities. Room 101 St. Edmund Hall St. Michaels College, Colchester VT 5pm. Free. See: 800-368-2

**KNIT ME ME** Crafty needleworkers (prachens, too) show their talents and company as they prepare a runner for Phoenix Space Coast, 6 p.m., [www.phoenixspacecoast.com](http://www.phoenixspacecoast.com).

**RUSSIAN-ENGLISH EXCHANGE.** Practitioners of the most widely-spoken Slav language expand their vocabularies. Reader Free Library Burlington. 0 30 630p.m. Free info #45-701

**THE COOLER** Beers, wine and cocktails await the 22 it brings to the five-music fest presented by Sierra Club, with music by Modest Mouse, The Roots, Peter Dinklage and more. The Fairhouse Plaza Fairhouse Center for the Visual Arts, Burlington 4-9 p.m. \$5 donation, cash bar info 845-7365.

## A black and white close-up portrait of a man with a beard and glasses, smiling. The image is positioned on the left side of the page.

## Penny for Your Thoughts

Maney doesn't grow to trees, but it could read up on them in the soil that sprouts them. Such is the goal of the second annual *Slow Money* National Gathering. Despite its unheralded name, the movement itself—founded by Inquirer staff as the *Name of Slow Money* author Woody Tasch—is a quickly gathering spark. Focused on building up networks of people committed to investing in local food systems and economics, the convention includes talks and workshops by 200-odd founder Bill McGilchrist (architect), Polyrice Farm owner Joel Salatin, Goodenough Supply founder Will Rapp and Stonyfield Farm CEO Gary Hunsbaker. Don't miss a live interview with Tasch on the eve of the conference as part of a taping of weekly radio broadcast *5-Town*.<sup>1</sup> Bet your bottom dollar it'll give you food for thought.

### ETOWN LIVE RADIO SHOW TAPING

Wednesday, June 8 7-8 p.m. at Flynn MainStage in Burlington (\$22.75-28.32 or excluded with New Money Discount mentioned, 1-781-883-2888, [www.flynn.org](http://www.flynn.org))

#### SLOW MONEY NATIONAL GATHERING

Thursday June 10 1:30 am - 8 pm and Friday June 11 7:30 am - 8:30 pm at  
 Matthews Farm \$750-\$450 for both days \$300 per single day \$200 for Farm Table  
 Dinner Celebration Info: 817-866-2600 [www.louisianacounty.org](http://www.louisianacounty.org)

**LIST YOUR UPCOMING EVENT HERE FOR FREE!**  
ALL CURRICULUMS WILL BE REVIEWED AT NOON ON THE THURSDAY BEFORE PUBLICATION.  
FILL OUT OUR EVENT FORM AT: [JOURNALBANK.ORG/CONFERENCES](http://JOURNALBANK.ORG/CONFERENCES)

FOR CANAL ENTRY, U.S. AT CALLE DE AMENDEMBUENOS 1000  
THIRD FLOOR, POLICE HQ. INCLUDE THE NAME OF EVENT & BEST DESCRIPTION  
SPECIFIC LOCATION, TIME, COST AND CONTACTING NUMBER

 CALENDAR EVENTS IN SEVEN DAYS

LISTINGS AND SPOTLIGHTS ARE WRITTEN BY DANIELA DE POMA. GIVEN OPPORTUNITIES FOR SPACE AND STYLE DEPEND ON COURT AND OTHER FACTORS. CLASSES AND WORKSHOPS MAY BE LISTED WITHIN THE CALENDAR OR IN THE CLASSES SECTION. WHEN APPROPRIATE, CLASS ORGANIZERS MAY BE ASKED TO PURCHASE A CLASS LISTING.





and signing large art by Ryan Benders, Brenda B. Moore, and others. 5 p.m. Free. Info: 866-2701

**GARRET LEBLANC** The author of the Uncommon Second of June/July 8th, 1961, 1st Book Award. There talks about the men and women of 1961 in a local novel. Essex Junction in Books and Prints, Lyndonville 5 p.m. Free. Info: 855-5524

## FRI. 11

### dance

**ARGENTINE TANGO** Shoulders back, hips up! No shoe, throat, partners, dancers of all levels will want to be dancing tango in a well-padded practice room. Sirenia in St. Albans 7 p.m. 7:30-10 p.m. \$5 info: 580-1033

**GREEN CITY CENTRA COUNCIL** Randy Miller and Roger and Rose Kelle presented a new musical play, "The Great Escape," featuring a musical by T. 45 p.m. Proceeds benefit the Champlain Valley Food Bank. Edmonds Middle School, Burlington 6 p.m. \$5 for both tickets under 12 info: 335-5652 or 363-7855

**SWING DANCE** A professional band in the East Coast style, led by a local style professional. Open to all. 8 p.m. to 11 p.m. Champlain Valley Food Bank, Burlington 6 p.m. \$5 for both tickets under 12 info: 224-4508

### info.

**CCTV ANNIVERSARY PICNIC** Join us for a picnic and a presentation for a anniversary of the first, second, and third, plus silent auction. 4 p.m. to 6 p.m. at the park entrance. Grafton Park, Burlington 4 p.m. to 6 p.m. \$5. Info: 862-3888

**SLUW MOON NATIONAL CATHEDRAL** See 7/6/13 2:30 a.m. 8:30 a.m.

**SUMMER REUNION 2010** College grads 'n' friends meeting at 2 to 4 hours in a week end of social, fun, and fun. 10 a.m. to 4 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

**SEVENTH LEMMA** The Lemmings and other Seven's Day special events. 8:30 a.m. to 10:30 a.m. Free. Info: 862-3442

### film

**ROCKSTAR** Nelson Mandela, 1998. South African award-winning film. In the 1998 World Cup. 10 p.m. to 11 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

**MID-AUGUST UNICORN** 10 a.m. to 4 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

**"THE JIMMIE"** 10 p.m. to 11 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

### food & drink

**BEVERLY HILL** Community members. Open house to celebrate the 10th anniversary of the Beverly Hill. 10 p.m. to 11 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

**CHAMPLAIN FARMERS MARKET** A 10-year old local green market. 10 p.m. to 11 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

8:30 p.m. Free. Info: 855-1033. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

**FAIR FARMERS MARKET** Community members. 10 p.m. to 11 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

**HAVERHILL FARMERS MARKET** A 10-year old local green market. 10 p.m. to 11 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

**HARTLAND FARMERS MARKET** Everything from fresh produce to local crafts. 10 p.m. to 11 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

**LEWIS FARMERS MARKET** 10 p.m. to 11 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

**LYNDENVILLE FARMERS MARKET** 10 p.m. to 11 p.m. 1000 Northway, N.Y. 10 a.m. to 4 p.m. Various prices and levels. Info: 228-5653-3086

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THE VERMONT MOVIE  
SUMMER CONCERT SERIES

# SHAKE YER BOOTY!

FRIDAY • JUNE 11 • 7:30PM

Vermont College Gym, College Street, Montpelier

A benefit dance/concert for "The Vermont Movie."

## 4 DANCE BANDS!

BOBBITAN • BOUTNDI • POLYESTER • MACTANS

Tickets \$15 in advance at Bush Spiller, \$20 at the door

All ages. Beer garden 92-plus

THIS SHOW WILL BE FILMED FOR THE MOVIE!

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2010 BIG TOP TOUR

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105 Pearl Street, Essex Junction, VT

CHAMPLAIN VALLEY EXPOSITION

## June 28-30

### Six Big Shows!

Mon, June 28  
12:00 & 6:30

Tue, June 29  
12:00 & 6:30

Wed, June 30  
12:00 & 6:30

Group Discounts Available  
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BUY IN ADVANCE -  
DON'T TAKE A CHANCE!

If still available, tickets are sold at the door starting 2 hours before show

777-SMIRKUS (1-877-764-7547) WWW.SMIRKUS.ORG







**WATERBURY COMMUNITY RIBBO** Boats and water museum play matches, sing songs and fireworks fly at a concert in the park, Waterbury Center Park, 7 p.m. Free. Info: 888-6897 [waterburycommunityband.org/whc.htm](http://waterburycommunityband.org/whc.htm)

#### open

**GET TO KNOW YOUR KNEE** A cycle-driven roadshow offers what you need to know in 15 minutes on the bike. See web. Burlington 5:30-6:30 p.m. Free. Info: 888-8883

#### theater

**THE 25TH ANNUAL PUTNAM COUNTY SPELLING BEE** See preschoolers who'll be the 1st to leave by letter for the crown and 111 of the county's top students participate in play. McCarthy Arts Center, St. Michaels College, Colchester. 8 p.m. \$25-35. Info: 554-2338

#### concerts

**GARRET KESSER** See THU/10, Bear River Weeks, Montpelier. 7 p.m. Free. Info: 239-0204

## WED. 16

#### community

**BENNY CLUB OF CIDER** See WED/20 12:18-1:30 p.m.  
**WINDSOR RIVERFEST FESTIVAL PLANNING MEETING** See WED/5 5:30 p.m.

#### film

**ARMYMAN-HOOD STORY BOOK** See WED/20 8:30-9 p.m.

#### LEADERSHIP SCOUTS PROGRAM FOR CANYON

Scouts will take a look at how they serve society through camp, canoe and mountaineering. Temple 5 p.m., South Burlington 6:30 p.m. \$5-10. Individual dinner fees for ages 12 and under. Info: 888-8275

#### LOCAL NIGHTS HITS

Presented by: See a short movie, followed by a discussion and video-based presentation on Bluebird Town, Burlington. 5:30 p.m. Free. Cost of food. Info: 888-8922 ext. 180

#### RUN HOOKING & KNOTTING CIRCLE

Open-ended and new or novice welcome present their local crafts, swap ideas and enjoy a delicious meal. Angles Cottage, Burlington. 6-8 p.m. Free. Info: 247-0285

#### WEDNESDAY GARDEN WALK

The museum's garden staff chat about plants on a tour of the historic Storrsack Garden. Shelburne Museum. 1 p.m. \$10. \$5 for museum members on \$5-12. Info: 888-3338

#### film

**MO-AMSTERDAM** See FR/17 1:30 p.m., 4 p.m., 7 p.m.

**THE JANESIE** See FR/17 1:30 p.m., 4 p.m., 7 p.m.

#### food & drink

**ENGLISH FALLS FARMERS MARKET** See WED/20 9-5 p.m.

**LAUREL VALLEY FARM-BOUR FARMERS ARTISAN MARKET** See WED/20 9:30-10 p.m.

**MOUNTAIN FARMERS MARKET** See WED/20 9:30 a.m.-11:30 a.m.

**NEW NORTH END FARMERS MARKET** See WED/20 9:30 a.m.-10 p.m.

**SOUTH RIVER FARMERS MARKET** See WED/20 4 p.m.

#### health & fitness

**CHAIR YOGA CLASS** See WED/20 9:30-10:30 p.m.

**"TAKING THE PINK"** See WED/20 3:30-4 p.m.

#### kids

**YAKING & COOKING WITH CHRISTINE** See WED/20 11:11-11:30 a.m.

**MUSIC & MOVEMENT TIME** See WED/20 11:45 a.m.

#### musical

**MUSIC AT MOOSE HEADS** "Tender Knees" from and on in Lyndon & Corbin produce a tape of songs and recordings. In support of the River Chamber Players. Moose Head Lodge, Waterbury. 8 p.m. \$25-250 donations includes a more info: 244-3984

#### sports

**ALABAMA FISH** See WED/20 8:30-9:30 p.m.  
**HOCKEY GOLF CLASSIC** Players take off an open 18-hole tournament benefiting the Montpelier Museum and Snow Shovel. Williams Golf Club. 8 a.m. \$20 individual cost. \$250 per team. Free. Info: 888-433-2781

**WARRIORCLIMB** See WED/20 8:00 p.m.  
**WORLD-CLASS PICKER MATCHES** Sports fans—watch the game, be picked from South Africa, Romania, Spain, Romania. Liberty Center Junction. 5:30 p.m. Free. Info: 888-6995

#### talks

**THE WINDMILLER** The author of *The Whimper at the End of the World* addresses local health issues and cultural adjustment on a talk about "How to be a Refugee in the 21st Century." Essex Aud. Essex Medical Education Center Health-Care Auditorium. 8-9 p.m. Free. Info: 888-333-1764

#### THE GRAB AND THE REDY CRISIS

A social presentation on focusing on "Reclaim the Profit of the Land" discusses the Vermont State philosophy on its relation to history. 11 & 12:15 p.m. \$10. \$20. \$30. \$40. \$50. \$60. \$70. \$80. \$90. \$100. \$110. \$120. \$130. \$140. \$150. \$160. \$170. \$180. \$190. \$200. \$210. \$220. \$230. \$240. \$250. \$260. \$270. \$280. \$290. \$300. \$310. \$320. \$330. \$340. \$350. \$360. \$370. \$380. \$390. \$400. \$410. \$420. \$430. \$440. \$450. \$460. \$470. \$480. \$490. \$500. \$510. \$520. \$530. \$540. \$550. \$560. \$570. \$580. \$590. \$600. \$610. \$620. \$630. \$640. \$650. \$660. \$670. \$680. \$690. \$700. \$710. \$720. \$730. \$740. \$750. \$760. \$770. \$780. \$790. \$800. \$810. \$820. \$830. \$840. \$850. \$860. \$870. \$880. \$890. \$900. \$910. \$920. \$930. \$940. \$950. \$960. \$970. \$980. \$990. \$1000. \$1010. \$1020. \$1030. \$1040. \$1050. \$1060. \$1070. \$1080. \$1090. \$1100. \$1110. \$1120. \$1130. \$1140. \$1150. \$1160. \$1170. \$1180. \$1190. 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2010 BURLINGTON  
**DISCOVER  
JAZZ**  
FESTIVAL

**JUNE  
4-13**



THURSDAY JUNE 10

**SHARON & THE DAP-  
JONES & THE KINGS**

**ALSO BEARQUARIUM**

WATERFRONT RHYTHM & BLUES TENT \$25 IN ADVANCE / \$30 DAY OF  
DOORS AND NECTAR'S BURG AT 4PM PERFORMANCE AT 5PM

"...a massive revitalizing kick in the pants." - The Boston Globe

FRIDAY JUNE 11



**JIM HALL  
QUARTET**

FLYNN MAINSTAGE 8PM

"...the reigning master of the jazz guitar." - The Boston Globe

SATURDAY JUNE 12



**SONNY ROLLINS**

FLYNN MAINSTAGE 5PM

"The last jazz immortal." - The Boston Globe



SATURDAY JUNE 12

**THE WAILING SOULS  
THE ITALS**

**EASY STAR ALL-STARS  
ALSO DJ BIG DOG**

WATERFRONT WORLD TENT \$25 IN ADVANCE / \$30 DAY OF  
DOORS AND NECTAR'S BURG AT 4PM PERFORMANCE AT 5PM

"A crescendo of mad shanking." - The Boston Globe

SUNDAY JUNE 13



**THE LEVON  
HELM BAND**

FLYNN MAINSTAGE 8PM

"...a freewheeling bootcamp." - The Boston Globe

TICKETS & INFO

802.86.FLYNN WWW.DISCOVERJAZZ.COM

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FLYNN CENTER FOR  
THE PERFORMING ARTS  
BURLINGTON CITY ARTS











# Layer by Layer

Galen Cheney at Julian Scott Memorial Gallery

An impressive collection of 15 new paintings on canvas and paper make up Galen Cheney's solo exhibition, entitled "Mark by Mark," at Johnson State College's Julian Scott Memorial Gallery. In her artist statement, Cheney describes taking a very active approach to their creation: "I raise the paintings up and knock them down, build up, scrape off, paint on, blur out." All her mark making leaves evidence for viewers to discover, as if they were archaeologists excavating the remains of a distant civilization.

Cheney's paintings on paper are the largest pieces in the show — largest compositions of 50 by 28 inches. On them she has used a variety of media to build textured surfaces and intense, harmonious tones. In the hot-colored work "Hot Up," distinctive passages such as ribbons appear atop the shimmering orange and salmon background. A pale blue ribbon is bordered with red, and segments of broad black line contrast with less opaque passages of black between layers of color.

Cheney claims she does not begin her paintings with a preconceived idea, she maintains a "dialogue" with each work as it develops and remains open to letting the painting itself give her direction, as it were. "It's all about setting up a situation and working through it," she states. "These [a balance to be struck between controlling the painting and giving myself over to the mystery of the unconscious]."

In the slyly "Green Heart," Cheney created negative space by painting central gray areas on a twisted matrix of fine, almost cellular, lines waves over the background. In astronomy, light



Hot Up

**ALL CHENEY'S MARK MAKING LEAVES EVIDENCE FOR VIEWERS TO UNCOVER, AS IF THEY WERE ARCHAEOLOGISTS EXCAVATING THE REMAINS OF A DAZZLING CIVILIZATION.**

from the most distant stars to the old out, in Cheney's pieces, the earliest gestures are the ones buried deepest in the picture plane. The top layers of "Green Heart" include broad lines of white and black, a counterpoint to the successive layers beneath.

The flurry of silvery gray lines in Cheney's "Smell" recalls sculptor Constantin Brancusi's famous quote, "When you see a fish, you don't think of its scales, do you? You think of its

ing of poach. Of course, "Smell" may refer to the melting of hot metals, and the painting's thicket of small marks could depict the process of smelting. The title works either way.

"Concealer" is relatively less complex, with broad white lines laid on top of other lines. It's like a retinal clearest, a Gordian knot of color tangling up as urban catenae.

Color and line become themes as much as form do in any of Cheney's



Concealer

speed, its fleeting, fading body seen through the water." Regardless of whether Cheney painted in that spirit, the work is all about movement and density, like a school of the big fish. The white, gray and black lines play over a thin underpainting.

Cheney is a powerful and perceptive painter who lets the colors, lines, density and shapes of abstraction take center stage. Her paintings not only speak volumes, they do so eloquently.

MARC AMODEO

**f** Galen Cheney, recent abstract marks on paper and canvas. Julian Scott Memorial Gallery, Johnson State College, Raleigh, June 10





# BLINDSIDED

Learn how to create your own comic book, novel, and cartoon in the world of the Center for Cartoon Studies. This can be used as a guide to create your own comic book, novel, and cartoon in the world of the Center for Cartoon Studies. This can be used as a guide to create your own comic book, novel, and cartoon in the world of the Center for Cartoon Studies.



BLINDSIDED is a collaboration between the Center for Cartoon Studies and the Center for Cartoon Studies. It is a guide to create your own comic book, novel, and cartoon in the world of the Center for Cartoon Studies. This can be used as a guide to create your own comic book, novel, and cartoon in the world of the Center for Cartoon Studies.



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art



## "The Cows Come Home to Burlington"

A Chamber sponsored public art festival this summer has brought nearly three dozen life-sized, Shaggy-busines to downtown Burlington. Though a few were immediately vandalized and have been removed for repairs, the rest of the herd appear to be contentedly grazing on sidewalks all over town. Talk about free range. The moonbelle visual feast will be on view through September, after which the ladies will be auctioned to benefit the Vermont Campaign to End Childhood Hunger. Pictured: Randolph artist Phyllis Goddard's jagged glass mosaic cow, now installed at the Christensen Bank.

### BURLINGTON AREA SHOWS & Fairs

**MANICURE** International events on paper and canvas for the Vermont artist. Through June 10 at Amy C. Tarrant Gallery, Flynn Center for Learning, arts, 100-1000.

**INFORMATION** "Thinking 1000" the 1000th anniversary of the birth of the artist and the artist's work. Through July 10 at the Vermont State Museum, 100-1000.

**PICTURE MOUNTING** New works in watercolor by the local artist. Through June 10 at the Vermont State Museum, 100-1000.

**PEOPLE & PAPER** A diverse selection of people and paper, photography and sculpture, but using people and paper, by the artist and staff. Through July 10 at the Vermont State Museum, 100-1000.

**U.S. MAIL** College and university official documents and envelopes, by the artist's work. Through July 10 at the Vermont State Museum, 100-1000.

**SALE TRACKER-GUTMAN** A 30-year retrospective of the artist's work by the Vermont artist. Through July 10 at the Vermont State Museum, 100-1000.

**EVERETT HIGGINS** "The Vermont Artist" featuring new work by the Vermont artist and the Vermont artist. Through July 10 at the Vermont State Museum, 100-1000.

**STUDIO SUBJECTS: TRACING MOMENTS LIVES IN VERMONT** Artists from the Vermont artist's work. Through July 10 at the Vermont State Museum, 100-1000.

**VERMONT FEDERAL CREDIT UNION** Vermont Federal Credit Union, 100-1000.

**THE COWS COME HOME TO BURLINGTON** Over 100 life-sized cows, by the artist, are on display in the city of Burlington. Through July 10 at the Vermont State Museum, 100-1000.

**WATER** A group of watercolor works by the artist, by the artist, are on display in the city of Burlington. Through July 10 at the Vermont State Museum, 100-1000.

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VERMONT FARM

VERMONT FARM

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# NEW IN THEATERS

**THE A-TEAM**★★★ (Columbia TriStar) Cerebral director David Lee Brown serves up the 80s television series' Lethal Weapon. Bradley Cooper, Ben Stiller, Jason Statham, and Steven Seagal play former Special Forces soldiers fighting to clear their names after being falsely charged for a crime they didn't commit. Really, Lethal Weapon? (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **THE A-TEAM**



**THE KARATE KID**★★★ (Columbia TriStar) It's certainly everyone's going to get a remake! Are you remember that tattered old when it came to the idea of just what is the world with Hollywood's sense of the world? Anyway, it's the 5th film in the series, which is a bit of a twist to the original, as it's a sequel to a movie played by Jackie Chan. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **THE KARATE KID**

# NOW PLAYING

**SAVED**★★★ (Paramount) There's a time when we look at the first part of the series of four, and it's a bit of a different culture, but it's a surprisingly great deal of fun. (107min PG-13)

**CITY ISLAND**★★★ (Columbia TriStar) A small neighborhood in the Bronx with a setting of this family drama is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **CITY ISLAND**

**GET HIM TO THE BRIDGE**★★★ (Columbia TriStar) A police record company which is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **GET HIM TO THE BRIDGE**

# ratings

- ★ = refund please
- ★★ = could be worse, but not a hit
- ★★★ = it's a masterpiece, it is
- ★★★★ = a masterpiece, it is
- ★★★★★ = a masterpiece, it is

BACKLASH ASSIGNED TO MOVIES NOT PROPERTY OF THE KODAK COMPANY. THE KODAK COMPANY IS A REGISTERED TRADEMARK OF THE KODAK COMPANY. THE KODAK COMPANY IS A REGISTERED TRADEMARK OF THE KODAK COMPANY. THE KODAK COMPANY IS A REGISTERED TRADEMARK OF THE KODAK COMPANY.

**THE GIRL WITH THE DRAGON**★★★ (Columbia TriStar) A police record company which is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **THE GIRL WITH THE DRAGON**

**TATTOO**★★★ (Columbia TriStar) A police record company which is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **TATTOO**

**KILLERS**★★★ (Columbia TriStar) A police record company which is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **KILLERS**

**LETTERS TO JULIA**★★★ (Columbia TriStar) A police record company which is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **LETTERS TO JULIA**

**MANHATTAN**★★★ (Columbia TriStar) A police record company which is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **MANHATTAN**

**PRINCE OF PERSIA: THE SANDS OF TIME**★★★ (Columbia TriStar) A police record company which is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **PRINCE OF PERSIA: THE SANDS OF TIME**

**ROBIN HOOD**★★★ (Columbia TriStar) A police record company which is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **ROBIN HOOD**

**THE SECRET IN THEIR EYES**★★★ (Columbia TriStar) A police record company which is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **THE SECRET IN THEIR EYES**

**THE SECRET IN THEIR EYES**★★★ (Columbia TriStar) A police record company which is a bit of a puzzle. (107min PG-13 Big Picture) Epic, Capital Cities, Miramax, Miramax Police, Sunset, Warner] **THE SECRET IN THEIR EYES**

NOW PLAYING: 10-11 PM

Anyone know a good plumber?

My guy's great...

Find a reliable neighborhood plumber at [FrontPorchForum.com](http://FrontPorchForum.com)

## RESEARCH SUBJECTS WANTED

Healthy males 18 to 40 (18-40 yrs) for an 8 week study of the effects of dietary fat on body fat balance and cholesterol function of muscle, blood and fat. Women are not to be pregnant. Eligible subjects will receive \$2500 for time and expenses.

If interested, please contact Dr. C. Lawrence Kim at [clkim@uconn.edu](mailto:clkim@uconn.edu) or 802-455-5003.

## Cheers to Dad!

**20% OFF ALL Barware**

**Dad's PERSONAL BREATHALIZER**

**Beard Grooming Kit** Reg. 29.99 **NOW 23.99**

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Save ends Father's Day, June 20th, 2010

This season, HomePort is hosting a **Care on Church Street** event that will be a one-of-a-kind event.

**Feel right AT HOME**

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## MARK YOUR CALENDAR!

Liza Minnelli



**These spectacular shows are coming up on the MainStage in September and October. Mark your calendars now!**

Tuesday, September 28

Liza Minnelli

Friday, October 1

Kramer Arts Ensemble: "The Lives of Giants"

Tuesday, October 5

Pat Metheny: "Orchestration"

Saturday, October 9

Wicked Playhouse Theatre Company: "Death of a Salesman" starring Christopher Lloyd

Saturday, October 16

Mingus Repertory Ensemble

Sunday, October 17

"Harold and the Purple Crayon"

Tuesday, October 19

Broadway National Tour

Monty Python's "Spamalot"

Friday, October 22

Reduced Shakespeare Company: "The Complete World of Sports (abridged)"

Sunday, October 24

Chucho Valdés and the Afro-Cuban Messengers

Wednesday, October 27

Hammenschanz

Saturday, October 30

Lar Lubovitch Dance Company

## NEWS QUIRKS BY ROLAND SWEET

### Curses, Polled Again

PSI investigators said Luis F. Harvey, 40, headed a bald apostrophe to a bank teller in Columbus, Ohio, who informed Harvey she couldn't lend it. While trying to explain the issue, Harvey so fixed an all-day police officer on Kalamazoo Avenue in Erie he had her hair pulled the side and headily left. Informed by the teller who had happened, the officer went after Harvey, who, when caught, tried to cut the rate. When the officer arrested him, he coughed up. (The Columbus Dispatch)

Aurora scientist identified Joshua T. Williams, 23, as the man who killed those 100,000 banks after receiving calls pointing out that the suspect was a clerk at a bank but who appeared in the television reality show "Deadliest Catch." Following his arrest at a traffic stop in East Port, N.H., Williams pleaded guilty (Boston's Register Guard)

### Too Big to Prosecute

American given with Canada's Bank of Montreal assembled more than 10,000 documents pertaining to what could be the biggest mortgage fraud in Canadian history, given more to the writer's told the bank they weren't interested in pursuing a criminal investigation against more than 100 Americans, including mortgage brokers, real estate agents, lawyers and at least one member of parliament, when the bank accused of generating \$700 million worth of fake mortgages in one year. "There just wasn't enough police officers to investigate these crimes," said Chris Mathers, a corporate crime consultant and former Royal Canadian Mounted Police officer. "If you double the number of investigators, you will just have double the number of crimes being investigated and still have a whole bunch of people in a pile and waiting to go." (Canadian Broadcasting Corp. News)

### Little Things Mean a Lot

As the cities around Los Angeles, 44, a federal security scanner at Miami International Airport, who they said last year to work with an ungrateful police station. According to the arrest report, Nguyen explained that he ordered several meetings about the use of his gun while after his Transportation Security Administration colleagues observed his private parts on one of the airport's full body imaging machines until "he could not take the jokes any more and lost his mind." (The Miami Herald)

### Tobacco Road

When researchers discovered R.J. Reynolds Tobacco Co. was marketing Camel Cakes, most, an enormous. Formerly classified tobacco pollen that they said was closely resemble The New York Times and will appeal to children because they can be eaten. The candy, Reynolds's first food

Harvard noted, "Virtually every household has products that could be hazardous to children, like chewing gum, medicines, ketchup and laundry products, and you can grow that to 10 to 12 percent of household that use tobacco products."

The difference indicated Dr. Jonathan F. Winickoff, chair of the American Academy of Pediatrics Tobacco Committee, "is that kids potentially will be watching from a sign regarding these products. The last time I checked, we don't have signs denying toilet bowl cleaners a face of their kids." (The New York Times)

### Above and Beyond

Two Japanese police officers spent six evenings in a new building in a forest before finally making a 10-year-old boy suspected of kidnapping (NYC) in (NYC) in Wapkeps Prefecture (Japan Today)

Joseph M. Velazquez, 28, spent the week on the elevator by selling policies in Port St. Lucie, Fla., that he stole more than \$100 in merchandise as he'd be charged with a felony that would keep him from going to law school. (West Palm Beach's WFTS-TV)

### No Peeking

After students at a Pennsylvania high school were charged with child pornography for circulating cellphone images of a sex act on school grounds, school officials found themselves being investigated for covering the video on again. District complained that officials at Pennsylvania High School who confiscated pornography images and videos from the students "passed around" and viewed the offensive material. "Of course, one or two people had to see the images to determine what they were, but I assure them, one or two top administrators saw them, there's better a good reason why," Perry County District Attorney Charles Charet said, adding that any lyrics in his showed the images to people not involved in the investigation could face the same charges as the seven students involved. (Pittsburgh's Patriot News)

### Ironies of the Week

After Wisconsin state troopers need a trooper to stop a motor trader whose driver refused to pull over, authorities said, adding that any lyrics in his showed the images to people not involved in the investigation could face the same charges as the seven students involved. (Pittsburgh's Patriot News)

New York City fire investigators blamed a blaze that gained five lives and injured 240 firefighters to extinguish on a worker installing a fire safety door at a pizza shop. The worker, an employee of the Fire Safety Systems, and his welding torch apparently set some grease on fire. (New York Post)

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# COMICS+puzzles

**MORE PUZZLES!**  
CROSSWORD PUZZLE  
(P. 2) IN CLASSICS

**MORE COMICS!**  
THE NEWCOMBS (P. 6)  
RED MEAT (P. 7)

**MORE FUN!**  
NEWS QUIZ (P. 8) &  
FREE WILL ASTROLOGY (P. 9)



**2 CALCOKU** BY JOSH REYNOLDS  
DIFFICULTY THIS WEEK: ★★★

Divide and conquer! Numbers 1-6 only once in each row and column. The numbers in outside-only cells (large) must contain at least the largest number in the box corner using the mathematical operators indicated. A one-box cage should be filled in with the largest number in the box corner. A number-cage repeated within a cage is as long as it fits the same rule as before.



**2 SUDOKU** BY JOSH REYNOLDS  
DIFFICULTY THIS WEEK: ★★★

Place a number within empty boxes in such a way that each row, column, main diagonal and each 4x4 box square contains all of the numbers 1-9. No same numbers cannot be repeated in whole or column.

★ = MODERATE ★★★ = CHALLENGING \*\*\*\*\* = HARD BOY — FIND ANSWERS & CROSSWORD IN THE CLASSICS SECTION

## AMERICAN ELF

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OF JAMES NEWMAN

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### NOSTALGIA PLAYBOY



### NAUGHTY DREAM



IN THE WORLD, IN THE WORLD, IN THE WORLD TO HAVE  
THAT! BUT IT'S HARD TO TRY TO

### DESCRIBE THE PRELIM

WE CAN FEEL LIKE  
SOME ROCKS



JUNE 6, 2010

### OOO'S WORLD

Mr. Ozz



What is your immediate fear? Whether you had had & O. are  
wearing they looking in but just caught in your, obviously a  
just didn't matter.

### NO EXIT

By Andy Singer

### AIRLINE SHOPPING MAGAZINE





# VILLANELLES

ON THE FIREHOUSE PLAZA

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# 7 days

if you're busy, send me in to contact your admin!

## sevendaysvt.com/personals

### RED CARPIS

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Man: Mr. Man #1007507

### BEING YOU YOURSELF

Following one of you is the best thing that's ever happened to me. I've been in love with you for my life. I hope it's yours. When: Wednesday February 3 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007506

### POINT OF VIEW MOUNTAIN

Hi, I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007505

### BEAUTIFUL BE BLACK BOY

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007504

### SUBURBAN KISS LET'S BEAR SOME DE

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007503

### KISS REMIX THINKING ROCK (PART 1)

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007502

### RARE ROCK, ROCKY SUNDAY

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007501

### LOVE

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

you can send me in to contact your admin!

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### PLAY WITH THE ME

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### SAVED BY YOUR GRACE

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### PAID FOR THE STAY

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### GIVE IN THE CRAFTY DEAD HARE

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### WOODY SLIDE TO THE BRIDGE

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### LET THE PINK FISH

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### WEEKLY SHIRT'S BURNING

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### AL CALABRINO DO PRODIGER

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### 10 MONTHS & FORTUNE

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### CELESTIAL DELIVERY & BINGO

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### PURE RHYTHM!

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### AC GLAZER - GUNSHY NIGHT

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### TO LIVING DOPPEL

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### COMMENTS-DANIEL

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

### MEMORIAL DAY AT HOME

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
Your Woman: Ms. Woman #1007500

I am looking for a headliner on an album & will accept a vinyl or a CD. We would like to be the only one that has it & include "You" call & get the headliner deal! When: Tuesday June 1 2010 Where: New York City, New York  
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Your Woman: Ms. Woman #1007500



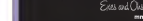
# mistress maeve

It's there my acceptable way to ask one of my wife's friends out on a date, it's just not ok! My wife and I happened and divorced about three years ago. The split was amicable and her idea, if that matters. Although I have dated since, I have not found anyone as compelling as this friend she and my ex are not close, but I have not dated her because I didn't think it was appropriate. I am asking for some help in understanding the female perspective on this situation, and what is the most respectful way to approach the conversation? she is a beautiful, intelligent person with a great sense of humor — should I make the call?



if people in Vermont refused to ask out potential mates because of social crossover and all be in formal wedding, if you feel as strongly about this issue as you claim, you must make a move — otherwise you'll be left with a lingering "What if?" You say your divorce was amicable. Have you considered giving your ex wife a heads up on your intention to be her equivalent while you certainly do not need your ex permission to pursue your love interest (especially because the split was her idea), a courtesy forewarning could go a long way toward keeping the peace. Plus, if your new life is apprehensive about what you say you may think you can assure her you've already addressed the issue.

You mention asking your love interest, which is acceptable in this technological age (asking a mate over the phone is a last last resort). However, given the potential for discomfort, you might be better served by tracking down her email address. Express yourself in writing, letting her know you're aware of the sticky social situation you're putting her in. Also tell her how compelling you find her and that you could not let it go until you asked her out. At the very least, you'll be paying her a huge compliment — as factor or not.



**Need advice?**  
Email me at [mistressmaeve@sevendaysvt.com](mailto:mistressmaeve@sevendaysvt.com) or share your own advice on my blog at [sevendaysvt.com/blogs](http://sevendaysvt.com/blogs)

PHOTO: SHUTTERSTOCK/DAVID J. PHOTOFEST/GETTY IMAGES

